



Paul McCartney's veggie salad

The former Beatle shares his favourite recipes in the Meat Free Monday Cookbook as part of the Meatless Mondays campaign, aimed at reducing global meat consumption PAGE 16

'I'M FEELING VERY ROUND'

REESE WITHERSPOON TALKS ABOUT HAVING FIRST BABY WITH HUSBAND JIM TOTH PAGE 15



HALIFAX

metro

metronews.ca | twitter.com/metrohalifax | facebook.com/metrohalifax

Tuesday, June 26, 2012

News worth sharing.

Two charged in homicide case

Corey Lucas shooting. Police are also looking for another suspect



Halifax police arrested two people in connection to the shooting death of Corey Duane Lucas in a Clifton Street apartment last month.

Dylan Peter Roach, 20, of Halifax, faces charges of first-degree murder as well as the attempted murder of another man. Roach is currently being held at the Central Nova Correctional Centre on another matter.

Jenna Karlene Piercy, a 27-year-old from Prospect, was charged with accessory after the fact and possession for the purposes of trafficking.

In a press conference with members from both the Halifax Regional Police and the RCMP on Monday, HRP Deputy Chief Bill Moore said police are still searching for another suspect.

"Our investigative team (is) still pursuing leads on trying to identify a second individual," Moore told reporters.

Lucas, 36, was gunned down in an apartment at 2711 Clifton St. on May 25. Another 31-year-old man was shot, but

Quoted

"Much of the violence ... is the result of competing street-level drug dealers."

RCMP Chief Superintendent Jean-Michel Blais

survived. Police believe the shooting was drug-related, but declined to give more specifics about the incident. Gang involvement is not suspected.

Lucas's murder was the second in a string of three back-to-back shootings that startled the city in May.

RCMP Chief Supt. Jean-Michel Blais urged the public to co-operate with police investigations into these crimes.

"What happened to Corey Lucas should not happen to anyone, and when a member of our community is killed as a result of violence, it affects us all," Blais said.

"The reality is that with drugs comes violence and this case is an unfortunate reminder of that. We urge residents to report illicit drug activity to police ... so steps can be taken to hopefully prevent incidents like this."

Piercy made a brief appearance in a Halifax provincial courtroom on Monday, and is scheduled to return on Thursday. Roach is scheduled to make his first appearance Tuesday morning.



Jenna Karlene Piercy is escorted to a courtroom at Halifax provincial court on Monday morning. Piercy is charged with being an accessory after the fact in last month's murder of Corey Duane Lucas. RYAN TAPLIN/METRO

- Wind farm unveiled**

Premier opens Spratt Power's Amherst project PAGE 3
- Two If By Sea lands big prize**

Café co-founder wins Young Entrepreneur Award PAGE 4
- Mall-collapse rescue back on**

Ontario residents, premier wanted effort to resume PAGE 6
- Top draft pick still reluctant**

Mooseheads' bid to get Jack Eichel stuck in neutral PAGE 24

Long weekends. Long lunches. Really short drive.

Live on a Tom McBroom golf course, 15 minutes from downtown.

Exit #3 off the 103. Display Centre open weekends, 1 to 5

Brunello Estates

brunelloestates.com



HARDWOOD DOESN'T HAVE TO BE HARD

Help keep your finished wood* floors looking great with Swiffer WetJet Wood solution.

SHINIER. Swiffer WetJet Wood solution dissolves dirt and tough, sticky messes to help reveal more shine than a mop on glossy ceramic tiles, hardwood and laminate floors.

FASTER. Forget mops and spending time on your floors. Swiffer WetJet delivers a great clean in less time vs. microfiber mop & bucket.

CONVENIENT. Swiffer WetJet is an all-in-1 mopping system. Just one simple wood solution that dissolves dirt and tough, sticky messes, revealing the natural shine of finished wood floors.

Designed for wood.

Swiffer WetJet Wood solution is designed to be safe and gentle on your finished wood floors, revealing its natural shine. With a dual-nozzle sprayer and a strong-grip pole, this bucket-less mopping system also features a scrubby strip for powering through tough dried-on messes.

*Do not use on unfinished wood, oiled or waxed wooden boards, non-sealed tiles or carpeted floors because they may be water sensitive.

FOR MORE INFORMATION VISIT SWIFFER.CA



Sprott Power

Amherst wind farm opens



Joey Keough of Sprott Power looks over the new Amherst Wind Farm. CONTRIBUTED

A vision created 20 years ago became reality Monday with the official opening of Sprott Power's Amherst wind farm project that's generating enough electricity to power 10,000 homes.

Company president Jeff Jenner joined Premier Darrell Dexter to cut the ribbon for the \$61-million project that is generating 31.5-megawatts of electricity. "This is a special day, (a) day in which we can breathe a big sigh of relief that everything came together as we planned to do it," Jenner said. "There were a lot of naysayers who said it couldn't be done, so we're glad to convince people otherwise."

With the project going into full operation, Sprott is turning its attention to expanding the Amherst project and two other projects.

Jenner said the company is hoping to add up to three more turbines close to the existing project, while it will also submit an application that could see an additional 15 turbines on the other side of the Trans-Canada Highway. He understands there is some opposition, but hopes to sit down and talk to residents to allay any fears.

The premier said the project represents the gains towards achieving the goal of having 25 per cent of Nova Scotia's electricity supplied by renewable energy sources by 2014 and 40 per cent by 2020.

AMHERST DAILY NEWS



In this file photo, a police SUV is parked in front of the apartment building at 2711 Clifton St., where Corey Duane Lucas was killed last month. RYAN TAPLIN/METRO

Clifton St. apartment tenants ordered out

Eviction by province.
Two residents left voluntarily under Safer Communities order

HALEY RYAN
halifax@metronews.ca

The Clifton Street residence where Corey Lucas was shot last month has evicted its last

tenants.

Last Friday, the Department of Justice notified two tenants that they had a week to move out of the building or they would be taken to court and forced to leave, under the Safer Communities and Neighbourhoods Act (SCAN). They left voluntarily over the weekend, according to a press release from the Department of Justice.

"The SCAN unit was doing surveillance that indicated that the apartment was being used

Starting over

"I wanted to start with a clean slate."

Landlord Fatma Askri, about the removal of all of her tenants

for habitual drug trafficking," said Megan Tonet, communications person for the Department of Justice, on the reason for eviction.

Tonet could not comment on how long the surveillance

had been taking place or why the order was given now, but said there had to be enough evidence of drugs or illegal activity to bring it to court.

But Fatma Askri, landlord of the Clifton Street apartment, said she had already given an eviction notice to all of her tenants a few days before Lucas was shot.

All nine tenants have since left, but Askri said not all of them were involved in criminal activity.

Concerns over density-bonusing request

A key part of HRM's much-ballyhooed Centre Plan will remain stalled, likely until after the municipal election in October.

In a June 7 letter to Mayor Peter Kelly, Service Nova Scotia and Municipal Relations Minister John MacDonnell said some of his caucus colleagues have concerns about density bonusing — a practice that allows developers to

build higher if they include components that benefit the community. "While we support the aims of this planning tool, we believe that it must be coupled with the ability for residents to have meaningful input into development proposals," wrote MacDonnell.

Under the Municipal Government Act, every other municipality in the province

can use density bonusing to promote development. The prohibition against the planning tool was specifically written into HRM's Charter — which was drafted, ironically, to give the municipality more flexibility in seeking amendments to provincial legislation.

HRM's urban design planning manager Andy Fillmore called the prohibition "a very

disadvantage edit."

"They said even though the rest of the province can use density bonusing whenever they want to, HRM we're going to say to you, you can only use it in the downtown Halifax plan area," said Fillmore.

"They eliminated that right from every other property owner in the municipality." ALEX BOUTILIER/METRO

1

NEWS

On the web

Fickle Facebook

The folks at Facebook have done it again, annoying users by making changes without advising them. This time, all users' default email addresses have been changed or are about to be changed to an @facebook.com account, one most people never use. Go to metronews.ca to read the full story and find out how you can fix the change.

Mobile news



Got a tumour? There's an app for that. Smartphone technology is now entering the operating room, allowing ovarian-cancer surgeons to use an application to store and track tumour information. Scan the code to find out more.

When Over One Million People Have Seen Your Tattoo, It Must Be AWESOME.

FEATURING

- Estonia - Club Piruett
- France - Gymnastics Display Team of the Paris Police
- Germany - Heeresmusikkorps 1 - The Flying Grandpas
- Switzerland - Swiss Army Central Band
- United Kingdom - Queen's Colour Squadron
- United States - Band of America's Few
- Plus Fantastic Canadian Performers and the Naval Gun Race

TICKETS 1-902-451-1221
www.ticketatlantic.com

- Matinees at 2:30 on July 1st, 2nd, 7th & 8th
- Evening shows at 7:30 on July 3rd to 6th



Halifax Forum

Meeting will discuss future of N.S. public parks

The Department of Natural Resources will wrap up provincewide discussions about the future of Nova Scotia's public parks at the Halifax Forum on Tuesday night.

In response to the province's natural resources strategy, The Path we Share, the department asked Nova

Scotians to provide their input into how to best develop a new sustainable parks plan in over a dozen meetings.

So far, ideas have come in from casual park enthusiasts to serious hikers, bikers and canoers alike, said director of parks and recreation Harold Carrol.

A report will be compiled from suggestions made at meetings and through a questionnaire on the department's web site. A plan will be made public by year's end. **SPENCER BUELL/FOR METRO**

Goodwill tour

Chinese sailors visit Halifax

A navy training ship from the People's Republic of China, the Zheng-He, is in Halifax for a few days on a goodwill tour.

The crew of 310 sailors and cadets will engage with the Halifax Chinese community, tour Canadian navy ships and come ashore to experience the city's attractions.

HAYLEY RYAN/FOR METRO

Westville

Man pleads guilty to exposure

A Nova Scotia man who admitted to a charge of indecent exposure is expected to be sentenced this fall. The 48-year-old from Westville has pleaded guilty to one count of exposing himself to a person under the age of 16 for a sexual purpose. The man cannot be identified to protect the identity of the victim.

THE CANADIAN PRESS

Fatality

Police identify crash victim

The victim of a fatal crash in Nova Scotia has been identified. The RCMP say 67-year-old Irene Catherine Snow was the driver of a car that crashed head-on with a tractor-trailer in Monastery on Friday morning.

Police say Snow was alone in the car and the truck driver was not injured. **THE CANADIAN PRESS**

Happy ending

RCMP locate missing man

Police have located a Nova Scotia man who had been missing for more than three weeks. The RCMP say 53-year-old Jerome Bernard D'Eon had been known to travel on foot and had last been seen on June 3 in Antigonish. Investigators thanked the public for their help in locating D'Eon.

THE CANADIAN PRESS

Toasting a new roastery: Award to jump-start coffee business

\$100K grand prize.

Two If By Sea wins national contest for young entrepreneurs

HALEY RYAN

halifax@metronews.ca

How about a latte with that \$100,000?

It was announced Monday that Zane Kelsall, co-founder of Dartmouth's Two If By Sea café, won the Business Development Bank of Canada's Young Entrepreneur Award and the \$100,000 grand prize.

Kelsall plans to start a roastery with the winnings, Anchored Coffee, that will only buy coffee beans directly from farmers in Central and South America.

It will also be a training ground for new staff, a coffee lab to host tastings, and a place for seminars and courses on direct trade and coffee. "I'm really humbled by it," Kelsall said about the award. "And I'm excited to start roasting coffee. I want to get down to work."

Brewing up java has been a passion of Kelsall's since his first job in a café when he was 15. Three years later, he

Quoted

"I'm really humbled by (the award). And I'm excited to start roasting coffee. I want to get down to work."

Zane Kelsall, co-owner of Two If By Sea café

was a manager.

"Anytime I had tried to get a real job or move on, I always ended up back in cafés because that's what I loved to do," Kelsall said. "Having my own shop is the way I can do that for the rest of my life."

Three weeks ago Kelsall was chosen as one of eight finalists across the country in the BDC contest, which was opened to the public for online voting.

Two If By Sea fans kept the café in first or second place throughout most of the contest, but during the last two days of voting the rankings were removed and Kelsall had no idea what would happen.

"It was a crazy three weeks," Kelsall said. "But it feels really good to know now. I haven't really wrapped my head around the magnitude of the award."



Two If By Sea co-owner Zane Kelsall makes a latte at the Dartmouth café on Monday afternoon. Kelsall won the Young Entrepreneur Award worth \$100,000 from the Business Development Bank of Canada. **RYAN TAPLIN/METRO**

N.S. court offers friendlier alternative to appeals

Whether they are divorces, inter-office issues or family squabbles, disputes in the courtroom can take months or years to resolve, and sometimes can cost tens of thousands of dollars.

And at the end of the process, disagreeing relatives and office cohabitants still have to be able to get along to some degree — sharing family dinners, raising children or working in the same building.

Quoted

"The fact that these kinds of litigation can go on for a very long time, that can exact an emotional toll."

John Piccolo, communications director for the Canadian Bar Association

So the Nova Scotia Court of Appeals is hoping a new mediation program, available to those considering going through with an appeal to a court case, will make the pro-

cess a bit easier on everyone involved.

Contrasting with the current "adversarial" civil and family dispute system, in which two parties duke it

out and a judge decides on an outcome, a mediation would allow both sides to come to their own agreement and forgo the appeal process, said Canadian Bar Association (CBA) lawyer and volunteer Dan Wallace.

"There's going to be an ongoing relationship after the court case is done, so one of the purposes of the program is to give these people a chance to get a resolution that works

more or less for everybody," Wallace said.

The program, which applies only to civil and family disputes, not criminal appeals, doesn't cost litigants anything, and much like in a typical courtroom, participants can choose to represent themselves or hire a lawyer, and the province provides free counsel for those who can't afford one.

"The fact that these kinds

of litigation can go on for a very long time, that can exact an emotional toll," said John Piccolo, communications director for the CBA. He hopes mediation will make things a lot quicker and a bit more painless.

Piccolo said the association is still waiting for the first people to elect for mediation, but expects to see at least one case over the next few months. **SPENCER BUELL/FOR METRO**

Determined Filipino family ignores skeptics to succeed in Canada

When Erick Alfonso meets immigrants who feel overwhelmed, he gives them hope by telling his own family's story. In fact, the Manila native and his wife achieved personal success in a remarkably short time, by ignoring skeptics who scoffed at their Canadian dreams.

Now working as a Senior Personal Banking Officer at Scotiabank in Calgary, Alberta, Erick remembers how friends discouraged them from immigrating to Canada with their five young children.

"They told us that you need Canadian experience to find a job," recalls the former IT project manager at a Philippine bank. "But we decided to try because we knew it was a good country to raise our kids."

Upon arrival in Canada in 2006, the Alfonsos discovered that many Filipino compatriots were juggling low paying jobs to survive. While Erick also took a temporary factory job to pay the bills, he refused to give up hope.

"A friend told me to open my first bank account at Scotiabank, and the teller was so helpful that I decided to submit my resumé," recounts Erick. To his amazement, the branch manager hired him within a month as a casual teller, and two months later gave him a full-time customer support role.

"I was lucky that Scotiabank gave me the chance to prove myself," notes Erick, who has risen through the ranks and now serves many Asian customers at Calgary's Castleridge Centre Branch. "I can relate to them because I remember arriving with no bank account and no permanent address. The Scotiabank advisor explained everything to me, and I try to do the same for others today."

For example, Erick recommends the **Scotiabank StartRight®** Program¹ for Newcomers, which includes a free day-to-day bank account for one year², a wide range of credit card options³ and a number of other customized services and benefits. He also provides plenty of first-hand financial advice.

"Since many newcomers arrive with personal savings, I help them invest it wisely, including short-term investments such as a Tax Free Savings Account (TFSA), which lets them earn tax free income that they can access later for other needs," says Erick.

He also explains the importance of building a Canadian credit history. "Some newcomers are afraid to use credit cards, but I tell them how it can help them achieve other goals if they use it responsibly."

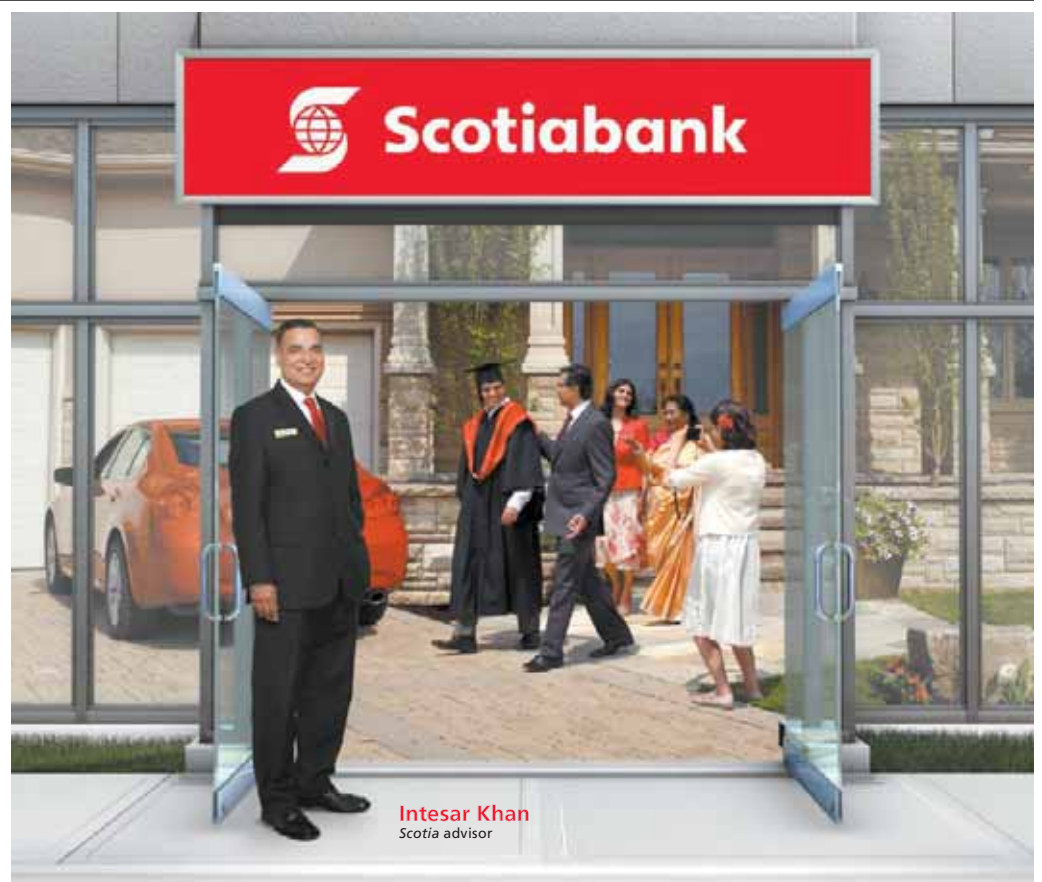
Erick also gives pep talks on job searches, based on his experience and that of his wife's, Maria Rosario, who within a year moved from a temporary accounting job to accounting manager with a local firm.

"We didn't do anything special, but we were determined. By believing in ourselves, and supporting each other, we got through each difficulty," advises Erick. "It is possible – if you show what you can do, you can build the right connections and open the door to a new life in Canada."

THIS ADVERTORIAL IS PREPARED BY SCOTIABANK®.



Now established as a Scotiabank advisor, Erick Alfonso welcomes other new Canadians to his Calgary branch.



"Intesar helped open the door to our new start in Canada."

The **Scotiabank StartRight®** Program¹, specially designed for newcomers, makes settling in Canada easier. Let one of our knowledgeable Scotia® advisors show you how.

Start Right Here. Find your nearest Scotiabank branch, visit scotiabank.com/startright or call 1-866-800-5159.

Scotiabank
StartRight®
PROGRAM FOR NEWCOMERS

BANKING • ESTABLISHING CREDIT • OWNING YOUR HOME • SAVING

1. The **Scotiabank StartRight** Program, created for Canadian Landed Immigrants from 0-3 years in Canada, International Students and Foreign Workers. The **Scotiabank StartRight** Mortgage Program, created for Canadian Landed Immigrants and Foreign Workers from 0-5 years in Canada.
2. Offer available for one year when you open a new **Scotia One™** account with Scotiabank. Free banking means that we will waive your Monthly Account Fee only. All other fees not covered by your banking package will continue to apply, including additional fees charged by other financial institutions and access fees to use non-Scotiabank banking machines (e.g., **Interac****, **VISA*** or **PLUS*** fees). Cardholder service fees continue to apply for using cross border debit service. Please see the Day-to-Day Banking Companion Booklet for further details about these services and fees.
3. Subject to meeting Scotiabank's credit criteria and security requirements. An unsecured **VISA** card may be available up to certain credit limits; a secured **VISA** card requires security equal to 100% of approved credit limit for Foreign Workers and Permanent Residents and 120% of approved credit limit for International Students. **VISA** card security can be cash security, Canada Savings Bonds or Guaranteed Investment Certificate. In addition, to be eligible for a personal borrowing product, you must be a Canadian resident and have reached the age of majority.
® Registered trademarks of the Bank of Nova Scotia.
™ Trademark of the Bank of Nova Scotia.
* **VISA** Int/Lic. User The Bank of Nova Scotia.
** **Interac** Inc. owner of mark **Interac**. The Bank of Nova Scotia is an authorized user of the trademark.

© Registered trademarks of The Bank of Nova Scotia.
1. The **Scotiabank StartRight** Program, created for Canadian Landed Immigrants from 0-3 years in Canada, International Students and Foreign Workers.

Scouts Canada. Police not told of alleged sexual misconduct: Review



JOE LOFARO
Metro in Ottawa

A forensic review of Scouts Canada's records reveals authorities were not contacted about at least 65 cases of alleged sexual misconduct against a youth.

"We are deeply and truly sorry for any harm that has happened at the hand of volunteers that were in our organization," said Steve Kent, Scouts Canada's volunteer chief commissioner at a press conference Monday.

"We will do everything that we can to prevent such instances from happening in the future and we encourage victims to talk to us."



Steve Kent of Scouts Canada
METRO IN OTTAWA

The accounting firm KPMG conducted a seven-month audit of Scouts files, many of which were "disorganized" and "incomplete," according to an analysis of 486 identified records provided by Scouts Canada.

The records were related to suspension and termination of volunteers for alleged sexual misconduct against youth from 1947 to 2011.

In addition to the 65 cases, there were 64 cases where it was unclear whether or not authorities were contacted.

During the review process Scouts Canada provided information about those cases to police forces, which are investigating. In 29 other cases, Scouts Canada had already contacted police. In 328 cases, police were aware of the allegation of sexual abuse before Scouts Canada.

Learning from past mistakes, the organization said it will now "rigorously" implement a new Child and Youth Safety Plan, which includes improved adult screening and training.

"Canadians can take comfort in the fact that we're confronting the past in its entirety now," said Kent.

Search efforts to continue after appeal from public, premier



A local resident reacts as she listens in during a news conference in Elliot Lake, Ont., on Monday. CHRIS YOUNG/THE CANADIAN PRESS

Elliot Lake, Ont.
Officials initially called off search due to concerns of a second collapse

Officials in Elliot Lake, Ont., say they are resuming rescue efforts at a partially collapsed mall after an appeal from Ontario Premier Dalton McGuinty.

The turnaround came just hours after the search efforts were called off because it was deemed too dangerous to send crews inside. They told a news conference a plan is still in the works.

McGuinty told The Canadian Press late Monday night that he asked that any other options be considered,

Staying positive

"We've all banded together. We talk, we hug. We're just here together."

Catherine Timleck-Shaw,
Elliot Lake, Ont., resident

including using heavy equipment to dismantle the building from the outside.

The premier says if a member of his family or a close friend might have been inside, he would want "no stone left unturned," and they owe it to the families and community of Elliot Lake to give it the best shot.

Dozens of local residents protested in front of city hall after the decision to abandon the search was announced, saying it was too soon to give up.

A parking lot on the roof of the shopping centre crashed two floors down into the mall below on Saturday afternoon.

Although the sound of tapping, which led rescuers to believe someone was still alive inside the rubble, stopped on Sunday morning, officials say a device called a life detector has indicated there's someone breathing inside.

THE CANADIAN PRESS



For more news visit
metronews.ca

Egypt. New president starts crafting government

New Egyptian president Mohammed Morsi went to work first thing Monday morning and started work on forming a government.

This was even before he had a clear picture of what he could do after the ruling military stripped most of the major powers from his post.

Morsi, 60, a U.S.-trained engineer from the fundamentalist Muslim Brotherhood group, is the first Islamist president of Egypt.

He defeated Mubarak's last prime minister, Ahmed Shafiq, in a tight race that deeply polarized the nation.

The country breathed a sigh of relief that at least the question of who won the presidential runoff had been resolved on Sunday, after the first free and fair



Mohammed Morsi THE ASSOCIATED PRESS

Tiptoeing into office

The contours are emerging of a backroom deal between the military and the Brotherhood that led to the ruling military council blessing Morsi as president.

- State TV showed footage of Morsi meeting Monday with the ruling military.

elections in Egypt's modern history.

People returned to work a day after a panic that sent many home early for fear that violence might erupt when the winner was announced.

Traffic was flowing again through Cairo's Tahrir Square, the birthplace of last year's uprising and a major intersection that had been blocked for a week by Morsi supporters protesting against the military.

As polls closed on June 17, the ruling Supreme Council of the Armed Forces announced constitutional amendments that shocked the Brotherhood and many other political activists.

They gave themselves sweeping powers that undercut the new president.

THE ASSOCIATED PRESS



Putin takes pause to remember on Israel trip

Russian President Vladimir Putin walks during an inauguration ceremony of a memorial to Red Army veterans of the Second World War in Netanya, Israel, Monday. The West's standoff with Iran over its nuclear program was expected to top the agenda as Putin began a 24-hour visit to Israel.

ALEXEI DRUZHININ/RIA NOVOSTI/THE ASSOCIATED PRESS

Unrest

Syria general defects to Turkey

A Syrian general was among the latest defectors from the country's military, officials said Monday. Dozens of Syrian soldiers fled overnight to Turkey, crossing the border with their families.

The general defected in recent days, Turkish officials said. Then, according to the state-run Anadolu news agency, 33 soldiers crossed the border overnight. There are conflicting reports but the group included possibly a second general and either two or three colonels.

THE ASSOCIATED PRESS

Tunisia

Jail time over cartoons upheld

A Tunisian court has upheld seven-and-a-half-year sentences on a conviction of posting cartoons of the Prophet Mohammed on Facebook. Jaber Majeri and an associate were each sentenced to jail and fined \$800 US.

Bochra Belhaj Hamida, the defence lawyer, condemned the court decision as unjust and criticized the judges.

THE ASSOCIATED PRESS



SHIFT_

LAST CHANCE FOR NISSAN EMPLOYEE PRICING

UP TO
\$13,500
IN DISCOUNTS*
FOR CASH PURCHASERS ON SELECT MODELS



3.5 SR model shown**

2012 NISSAN ALTIMA

BEST-SELLING JAPANESE MIDSIZE SEDAN IN 2011^o

• 175-hp, 2.5 L DOHC 16-valve 4-cylinder engine with available Xtronic CVT[®] • Standard ABS, Vehicle Dynamic Control (VDC), and Traction Control System (TCS) • Nissan Advanced Six Airbag System

UP TO
\$8,100
IN DISCOUNTS*
FOR CASH PURCHASERS

2012 NISSAN SENTRA

PACKED WITH HIGH TECH

• 140-hp, 2.0 L DOHC 16-valve 4-cylinder engine with available Xtronic CVT[®] • Standard ABS, Vehicle Dynamic Control (VDC), Traction Control System (TCS) • Nissan Advanced Six Airbag System • Standard Power Door Locks

UP TO
\$4,500
IN DISCOUNTS*
FOR CASH PURCHASERS



2.5 SE-R model shown**

GET THE MOST FOR YOUR CAR!

RECEIVE **\$1,000** MINIMUM TRADE IN
ALLOWANCE**



YOU PAY WHAT WE PAY ON VIRTUALLY ALL OUR FUEL EFFICIENT CARS AND TRUCKS.

Visit O'Regan's Nissan today or visit oregansnissan.com for details.



O'REGAN'S
DRIVING HIGHER STANDARDS

**NISSAN
HALIFAX
DARTMOUTH**

HALIFAX - 3461 KEMPT ROAD
902-453-2020

DARTMOUTH - 60 BAKER DRIVE, UNIT C
902-469-8484

WWW.OREGANSNISSAN.COM

*Total Discounts advertised are available to cash purchasers only and consist of an Employee Pricing Discount and a Consumer Cash Discount. Total Discounts are \$8,168 for a new 2012 Altima 3.5 SR (T4SG12 NA00), CVT transmission/\$4,516 for a new 2012 Sentra 2.5 SE-R (C4SG12 RT00), CVT transmission. Employee Pricing Discounts are only in effect between June 1st and July 3rd, 2012 ("Event Period") and refer to A-Plan pricing ordinarily available to Nissan employees and exclude any negotiated bonuses or other special incentives that employees may receive from time to time. Employee Pricing Discounts range from \$934 to \$6,365 (vary by model) and are only available on the purchase of new 2012 Versa Sedan/Hatchback, Sentra, Altima Sedan/Coupe (excluding Hybrid), Maxima, 370Z Coupe/Roadster, Quest, Cube, Juke, Murano, Rogue, Armada, Xterra, Pathfinder, Frontier and Titan. The vehicle must be sold during the Event Period. Employee Pricing Discounts will be deducted from the selling price before taxes and can be combined with lease/finance offers - except when the Employee Pricing Discount has been combined with a Consumer Cash Discount to form a Total Discount. Consumer Cash Discounts range from \$400 to \$8,100 (vary by model) and will be deducted from the selling price before taxes and cannot be combined with lease/finance or other offers. See your Nissan retailer for more details. *Models shown \$24,487 Selling Price for a new 2012 Altima 3.5 SR (T4SG12 AA00), CVT transmission/\$17,694 Selling Price for a new 2012 Sentra 2.5 SE-R (C4SG12 AA00), CVT transmission. \$7,611/\$4,384 Cash Purchaser Discounts are included. ^oBased on the December 2011 AIAMC report. **Freight and PDE charges (\$1,695/\$1,567), license, registration, insurance and applicable taxes (including excise tax and fuel conservation tax), air-conditioning tax (\$100) and certain fees where applicable are extra. Finance offers are available on approved credit through Nissan Canada Finance for a limited time, may change without notice and cannot be combined with any other offers except stackable trading dollars. ** Some conditions apply. Retailer order/trade may be necessary. Retailers are free to set individual prices. Offers valid between June 1st and July 3rd, 2012.

Florida. Tropical storm wreaks havoc with twister, power outage

Tropical Storm Debby drenched Florida with heavy rains, flooded low-lying neighbourhoods and knocked out power to thousands of homes and businesses as it lingered off the state's coast Monday.

The governor declared a statewide emergency, and a tropical storm warning was in effect for most of Florida's Gulf coast. At least one person was killed by a twister in Florida, and crews in Alabama searched for a man who disappeared in rough surf Sunday.

In St. Pete Beach on Florida's Gulf coast, a tornado ripped the roof off a marina and an apartment complex, and felled fences, trees and signs.

State officials estimated at least 35,000 homes and businesses were without power.

The storm closed the sole bridge to St. George Island, a popular vacation island in

Details

- Residents in several counties near the crook of Florida's elbow were urged to leave low-lying neighbourhoods because of the threat of flooding. Shelters were opened in some areas.

- High winds forced the closure of an interstate bridge that spans Tampa Bay and links St. Petersburg with areas to the southeast. In several locations, homes and businesses were damaged by high winds authorities believe were from tornadoes.

Florida. Power was already out on the island and authorities said it could be for days.

THE ASSOCIATED PRESS

Mexico. Police officers slain in airport shooting

Men wearing what appeared to be police uniforms opened fire in a food court at Mexico City's international airport on Monday, killing three federal policemen on an anti-drug mission as panicked witnesses dove for cover.

The slain agents had gone to the airport "to detain suspects linked to drug trafficking at Terminal 2," the federal Public Safety Department said in a statement, without specifying if the suspects also were lawmen. "Upon seeing themselves surrounded by federal police, they (the suspects) opened fire on the officers."

Two officers died at the scene and another died later of his wounds at a local hospital.

A witness said the shooters were also wearing police

Quoted

"It's surprising to see it happening at the airport. It's one of the safest places in the city."

Robert Gray, traveller

uniforms, and the Public Safety Department said it was investigating whether the shooters were active-duty police, former officers or impostors. Criminals in Mexico sometimes wear fake police uniforms, but officials also have repeatedly struggled to crush corruption among law-enforcement agencies at the airport, which traffickers have often used as a shipment point for narcotics.

THE ASSOCIATED PRESS

Paris

Man dead after jumping from Eiffel Tower

A 25-year-old man from Israel jumped to his death from the Eiffel Tower after thwarting security measures and climbing the Paris monument at twilight, authorities said Monday.

"He jumped into the air. ... It was not an accidental fall," Paris prosecutor's spokeswoman Agnes Thibault-Lecuire said.

THE ASSOCIATED PRESS

U.S. court

Mom regretting chopping ponytail as punishment

A U.S. mother says she felt intimidated in court when a judge told her that he would reduce her 13-year-old daughter's sentence if she chopped off the girl's ponytail in court — an offer the mother says she now wishes she hadn't taken.

The teen was referred to juvenile court for cutting off the hair of a three-year-old girl with scissors and for harassing another girl.

THE ASSOCIATED PRESS



19 killed after bus goes off bridge in South Africa

Rescue workers and investigators stand behind body bags containing the remains of victims of a bus crash in Meyerton, South Africa, on Monday. At least 19 people were killed and 55 injured when the bus plummeted off a bridge. THE ASSOCIATED PRESS

Hundreds may be dead after landslides

Uganda. Villages destroyed and at least 15 houses buried following torrential rain, Red Cross says

Massive landslides induced by torrential rains destroyed three villages in the mountainous district of Bududa in eastern Uganda, killing possibly hundreds of people, officials said Monday.

Disaster Preparedness Minister Stephen Mallinga said it was still too early to say how many had been killed in Monday afternoon's landslides, but officials from Bududa said the final death toll would likely be in the hundreds.

"We are sending a rescue team down there," Mallinga said. "It's very difficult to estimate how many have been killed."

Witnesses said the landslides were unexpected, happening several hours after a torrential overnight downpour that at first seemed to have done little damage.

David Wakikona, a lawmaker from the region, said most people were likely indoors when huge blocks of



In this 2010 file photo, people search for survivors after a landslide in eastern Uganda. Massive landslides destroyed villages in the mountainous district of Bududa on Monday. STEPHEN WANDERA/THE ASSOCIATED PRESS

mud and rocks started to roll down hills, toppling homes, killing livestock and burying people alive.

"We don't yet understand how this all happened, but it's terrible," Wakikona said. "Three villages have been buried."

According to Wakikona, at least 300 people lived in the affected villages. Officials said rescue teams from the Ugan-

bodies trapped underneath.

Landslides are a common occurrence in the hilly parts of eastern Uganda, and they have been especially lethal over the years in those villages where the land is denuded of vegetation cover. In 2010 massive landslides in Bududa killed about 100 people, destroying everything from the village market to a church.

Ugandan President Yoweri Museveni, who visited the scene, said at the time that the landslides were divine retribution for the people's failure to give to the land what they take from it. The villages are usually heavily populated, and people often live on land bare of trees.

There has been fierce resistance to a government effort to relocate the most vulnerable people in Bududa and neighbouring districts, with some activists there saying it would be even more disastrous to abandon their ancestral homes. Even those who were relocated to a camp for refugees after the 2010 landslides secretly returned to Bududa, said Mallinga.

"There's a degree of unwillingness to leave," Mallinga said.

THE ASSOCIATED PRESS

Accuser in sexual harassment case awaits panel results

Manitoba. Panel weighing whether judge should be punished for husband's lewd proposition

A man who says he was sexually harassed by a Manitoba judge is to find out Tuesday whether he will have standing at her disciplinary hearing.

A panel of the Canadian Judicial Council has reserved its decision on whether Alexander Chapman's lawyer will be able to make submissions and question witnesses.

The panel is examining whether Justice Lori Douglas should be removed from the bench.

Chapman says Douglas's husband showed him sexually explicit photos of her and asked him to have sex with her.

Douglas has said she did nothing wrong and her hus-

band acted without her knowledge.

The judicial council panel is also considering requests for standing from two other individuals before it starts hearing evidence.

"Alex Chapman has a direct and tangential interest in this proceeding," lawyer Rocco Galati told the panel Monday as he argued why his client should have standing.

"A fair hearing cannot be conducted ... without having Mr. Chapman's counsel here."

Galati also asked for funding from the inquiry. He said Chapman has virtually no income since losing his job in 2010.

The independent lawyer who is leading the inquiry, Guy Pratte, argued against giving Chapman standing. Pratte is tasked with representing the public interest in the case and has a duty to bring forward all relevant information.

"There is no room for a complainant ... to complement the

Background

- Jack King admits that in 2003, he gave Chapman nude photos of his wife and asked him to have sex with her. She was a lawyer at the time.
- Douglas became a judge in 2005 and Chapman filed his complaint in 2010, despite being paid \$25,000 by King to settle a sexual harassment claim.

job of independent counsel," Pratte said. "He seeks to bring forward no new facts."

Douglas is facing four allegations that basically boil down to one question: Can a judge whose husband took explicit pictures of her and uploaded them without her knowledge to the Internet be penalized for the very existence of the photos? **THE CANADIAN PRESS**



Activist sues over G20

G20 activist Julian Ichim arrives at police headquarters in Toronto on Monday before launching a \$4-million lawsuit against the Toronto Police Services Board for alleged false imprisonment, assault and battery, misuse of public office, and other Charter breaches. While Ichim is seeking \$4 million in general and punitive damages, he said his suit was not about money, but accountability. **AARON VINCENT ELKAIM/THE CANADIAN PRESS**

Bombings

WWII veterans finally recognized

Canadian airmen who flew with Bomber Command in the Second World War are getting recognition 67 years after their service. The Conservative government is announcing that a special bar will be struck to be worn on the Canadian Volunteer Service Medal. At the end of the war, special medals were awarded for various campaigns, but none for those who flew in the long and dangerous bombing campaign. **THE CANADIAN PRESS**

Quebec

22 charged after clash with cops

Twenty-two people are facing charges after a clash with police following Fête nationale festivities north of Montreal. Police in Bois-des-Fillions say two officers were injured when police tried to break up fights Sunday. The incidents broke out when people refused to leave the park. Capt. Sylvain Theoret says bottles, rocks and even garbage cans were thrown at officers. **THE CANADIAN PRESS**

FOR YOUR

ORAL CARE ESSENTIALS

VISIT YOUR LOCAL WALMART

feel fresh up to 5x longer

Crest Extra White Plus Scope Outlast toothpaste fights cavities. Yes, brushing alone with a regular anticavity toothpaste.

WHITER SMILE IN 1 DAY

Crest 3D White Vivid paste fights cavities. ** When the products shown are used together.

Up to 7x BETTER cleaning*

*On teeth with regular combined use of all products shown vs. using a regular manual toothbrush and regular anticavity toothpaste. Crest® Pro-Health® Multi-Protection Rinse helps prevent gingivitis. Crest® Pro-Health® Toothpaste fights cavities, tartar, plaque and gingivitis and treats tooth sensitivity. To ensure these products are right for you, always read and follow the label.

Trust Crest, Oral-B and Scope to provide products to help you get a healthy looking, fresh smile.

Available at
Walmart
Save money. Live better.

Paraguay's parallel government seeks to regain power: Lugo

Rallying allies. Former president says vote that forced him from office was a break with democracy

Ousted Paraguayan President Fernando Lugo said Monday that he is aiming to return to power, rallying allies at home and abroad to try to prevail after a landslide congressional vote forced him from office in what he called a break with democracy.

Lugo has symbolically created a parallel Cabinet, attacking the legitimacy of the government that replaced him, and told reporters he would seek to plead his case on the international stage at this week's summit of the Mercosur trade bloc in Mendoza, Argentina, as well as challenging the new leaders over Paraguay's role in a broader alliance of South American nations.

He also called on domestic backers, who so far have been relatively quiet, to turn

Mercosur resolution

Meanwhile, aides to former vice-president Federico Franco, who was installed as president on Friday after lawmakers overwhelmingly voted to dismiss Lugo, condemned a Mercosur resolution preventing his new government from attending the summit.

- But Franco's new foreign minister, Jose Felix Fernandez, noted that Paraguay has not been expelled outright from the group that also includes neighbouring Brazil, Argentina and Uruguay.

up the pressure.

"I want to resist until we regain power because here there was a parliamentary coup," he said Monday.

"I call on people from the countryside, the youth and all citizens to resist until we are back in the office we unfairly had to leave."

THE ASSOCIATED PRESS



Flames ignite anti-India clashes

Kashmiri residents watch as firefighters try to extinguish a fire at the nearly 200-year-old Sheikh Abdul Qadir Jeelani Shrine, popularly known as Ghaus-e-Azam, or Dastgeer Sahab, in downtown Srinagar, India, Monday. Anti-India clashes between protesters and government forces erupted in the main city in Indian-controlled Kashmir Monday, after the highly revered Muslim shrine was destroyed in the fire, police said. The cause of the fire is yet unknown. DAR YASIN/THE ASSOCIATED PRESS

Blasts targeting two Iraqi cities kill 11, wound 29: Officials

Two bomb blasts nearly 150 kilometres apart killed 11 people Monday night, officials said, as Iraq's death toll continued to climb in the second bloodiest month since U.S. troops withdrew late last year.

Officials and experts fear the surge in violence may signal Iraq's potential descent into a failed state, despite its oil wealth, billions of dollars in foreign aid and years of security assistance from the U.S.

"This is chaos," lamented Fadhil Mohammed, who

was passing a youth football field in the city of Hillah when an approaching minibus exploded, killing six people.

"Police are unable even to secure a popular field that has nothing to do with political parties."

A political crisis that has gripped Iraq since the day after the American military left in December has heightened sectarian tensions and potentially fueled some of the attacks.

Another 26 people were wounded in the blast in

Hillah, about 100 kilometres south of Baghdad. Hillah is a mostly Shiite Muslim city just outside the so-called Triangle of Death, an area controlled by al-Qaida during the darkest days of the nation's bloodshed in the last decade.

Police said a bomb was hidden on the minibus, which was carrying soccer players to evening games. A medic at Hillah Public Hospital confirmed the casualties.

An hour earlier, police said a bomb hidden in a

plastic bag exploded outside a pet store in Baqouba, killing five people and wounding three.

Among the wounded were two policemen who were standing beside their car, which was parked nearby, and were hit by the blast's aftershock.

Baqouba, 60 kilometres northeast of Baghdad, is the capital of Diyala province, one of the last areas in Iraq where al-Qaida and its allies remain a strong threat.

The province, sandwiched between Baghdad

and Iran, is divided among Sunnis, Shiites and Kurds and has been a sectarian and ethnic flashpoint for years.

A Diyala health directorate confirmed the deaths. All officials spoke on condition of anonymity because they were not authorized to release the information.

Together, the attacks bring Iraq's death toll for June to at least 175.

Only January suffered a higher casualty rate, with at least 255 killed in attacks that were widely seen as al-

Qaida's attempt to shock the country immediately after the last American troops left.

Violence has dropped dramatically in Iraq since the peak of the sectarian fighting in 2006 to 2008 that nearly brought the nation into civil war.

Experts believe the recent increase is the result of government divisions, weak Iraqi security and the absence of international forces, factors that have emboldened militants.

THE ASSOCIATED PRESS



1565
South Park St.

Building healthy communities

423-9622

www.ymcahrm.ns.ca

Summer Day Camps

July 3-August 31
Ages 5-12

Extended drop off & pick up times: 7:30-5:30

Themes Include:

- Explore Titanic
- Museum Mania
- Tall Ships
- Sport Extravaganza
- Musical Madness
- Wellness Week
- Go Green

NEW Camp Program!
Too Cool for Camp aimed at kids 9-12





This aerial photo shows structures and wooded areas scorched by a wildfire near Mt. Pleasant, Utah, on Monday. Firefighting officials say they have 10 per cent containment on a fire that's threatening about 300 homes in Sanpete County. SCOTT G. WINTERTON/THE DESERET NEWS/THE ASSOCIATED PRESS

Colorado's wildfires worst in a decade

Inferno. One fire grew to more than eight square kilometres, while hundreds were evacuated from neighbouring Utah

Flames forced thousands of Colorado residents from their homes over the weekend and disrupted vacation plans for countless visitors as smoke shrouded some of the state's top tourist destinations, including majestic Pike's Peak and tranquil Estes Park.

Colorado is having its worst wildfire season in a decade, with more than a half dozen forest fires burning across the state's parched terrain. Some hotels and campgrounds are emptying ahead of the busy Fourth of July holiday.

One of the newest fires, a blaze near Colorado Springs, grew to more than eight square kilometres Sunday after erupting just a day earlier and prompting evacuation orders for 11,000 residents and an un-

known number of tourists.

Winds had started to push smoke away from Colorado Springs and evacuation orders were lifted for the 5,000 residents of nearby Manitou Springs, but area residents and tourists still watched nervously as haze wrapped around the peak.

A statewide ban on open campfires and private fire-works has been in place for more than a week.

In Utah, hundreds of residents were evacuated ahead of a more than 62-square-kilometre blaze that had destroyed at least some structures. Fire officials weren't sure how many were destroyed, or whether they were homes; sheriff's officials estimated late Sunday it could be as many as 30 structures.

While no homes were reported damaged in the Colorado Springs-area fire, a forest fire near Rocky Mountain National Park destroyed structures near the mountain community of Estes Park.

Even while other large fires burn across the West, Colorado's blazes have demanded

Other wildfires

Elsewhere, firefighters contended with wind and heat as they battled wildfires.

- **Utah.** Officials reported progress on a wildfire around Saratoga Springs, south of Salt Lake City.
- **Montana.** Two wildfires were burning in the southwest part of the state, including the fast-moving Antelope Fire.
- **Arizona.** The U.S. Forest Service said late Sunday that containment against the Poco Fire, just outside of Young, is up to 65 per cent and remains under 12,000 acres.

half the nation's firefighting fleet, according to Colorado Gov. John Hickenlooper. He said C-130 military transport planes from Peterson Air Force Base in Colorado Springs would begin assisting Monday.

THE ASSOCIATED PRESS

NEW febreze CAR

Breathe Happy. Drive Happy.

TEST-DRIVE

THE LATEST IN AIR FRESHENER SOLUTIONS

Available at Walmart

Save money. Live better.

Walmart Canada ramps up hiring

Expansion. Already one of Canada's largest employers, retail giant plans to hire 3,100 more workers by end of 2013

Walmart Canada is ramping up hiring amid rapid expansion in this country by the U.S.-based retail giant.

Walmart says it will open 47 hiring centres across the country as it adds a total of some 4,000 new employees this year and next, about 500 more than previously announced.

The mass retailer pays "above minimum wage," which varies by province, said Alex Robertson, spokesman for Walmart Canada, adding that employees can also participate in a profit-sharing program.

Robertson said the chain is "looking to hear" from former Zellers employees, whose ex-

Facing competition

By the end of 2013, Walmart Canada expects to spend some \$750 million to open, relocate or remodel 73 stores.

- Included are most of the 39 former Zellers stores for which Walmart Canada purchased leasehold rights in June 2011. They will reopen as Walmart stores in this fiscal year.
- The expansion comes as competition in the Canadian retail market heats up with the entry of fellow discount retailer Target next year. Target plans to open 125 to 135 stores.

perience would be taken into consideration.

In addition to the permanent jobs, the various projects are expected to generate some 10,500 construction jobs.

"We are extremely excited to be adding more than 4,000

new associates to our team," said Bob Hakeem, senior vice-president of people at Walmart Canada, using the company's preferred term for employee.

Walmart Canada pharmacies are also in the midst of a significant hiring phase.

Walmart Canada has already hired 900 employees this year, from sales associates to managers in its stores across the country, to field operations and home-office positions.

Already one of Canada's largest employers, it plans to hire an additional 3,100 workers by the end of 2013, raising its overall Canadian payroll to 94,000.

Walmart said more than half of the 73 projects will become supercentres, which offer an array of groceries as well as general merchandise. The retailer opened its first Canadian supercentres in Ontario in 2006 and has since ramped up expansion plans for the large-store concept.

THE CANADIAN PRESS



Samsung's latest model

Models display Samsung Electronics' newest smartphone, the Galaxy S III, during its world tour in Seoul, South Korea, on Monday. Samsung, the world's top mobile-phone maker, said Monday it expects global sales of the latest Galaxy smartphone to surpass 10 million in July even as it struggles to keep up with demand because of component shortages. The company said the Galaxy S III will be released in 147 countries by the end of July, aiming to get a jump on rival Apple before it announces a new version of the iPhone in the third quarter. Samsung released the smartphone through all major mobile U.S. carriers last week. SAMSUNG ELECTRONICS/THE ASSOCIATED PRESS

Ontario moms crack Walmart market with Mabel's Labels

Four Toronto-area moms with more than a dozen children between them have cracked the Walmart market with an idea for labelling the stuff kids lose.

After selling more than 50-million labels in 97 countries through Mabel's Labels online, the women have made a deal with Walmart Canada to put them on store

shelves across the country.

The company's new product, blank, self-laminating write-on labels that stick to any surface and can withstand the microwave and dishwasher, are for parents who don't have time to order online and wait for delivery.

Their Write Away! labels are for a must for the kid who's going to camp tomorrow.

row.

Camps and daycares require that personal property — every sock, shoe, water bottle and backpack — be labelled and Mabel's Labels has been providing customized labels online for nine years.

Three years ago, the moms came up with a version that could be sold at retail.

Julie Cole, 41, a former lawyer and mom of six, founded the company with her sister Cynthia Esp and two friends, Julie Ellis and Tricia Mumby.

They used to work out of a basement in Hamilton, Ont., and now own a 14,000-square-foot facility in the city. They now employ 40 people.

Jenn Williams, category

manager for stationery for Walmart Canada, had already known about Mabel's Labels because she was a mom herself.

"I was very excited they had come to us. They had done their research and were very well prepared. It was a perfect match for Walmart because our customer is Mom." TORSTAR NEWS SERVICE

Sony, Panasonic join forces on TVs

LCDs

- Sony buys liquid-crystal displays from other manufacturers.
- It ended its joint venture with Samsung to make LCDs this year as it became more cost-efficient to buy from other makers.

Longtime Japanese rivals Sony and Panasonic are working together to develop next-generation TV panels called OLEDs in a reversal of decades of competition as they try to catch up with South Korea's Samsung Electronics.

The companies said in a joint statement Monday they will share core technologies to develop OLED, or organic light-emitting diode, panels. They are aiming for low-cost mass production by 2013.

Both Sony and Panasonic have posted big losses after falling behind Samsung and other Asian rivals in TVs.

The joining of forces marks a departure from a long rivalry and highlights the pressure that Japanese manufacturers face to catch up with Samsung in TVs.

Samsung is planning to start selling TVs with big OLED screens later this year. OLEDs



A photographer takes a photo of an image of flowers shown on Sony's 21-inch OLED display model. ITSUO INOUE/THE ASSOCIATED PRESS FILE

use a different technology than liquid crystal displays and deliver very clear, vivid imagery.

Fitch Ratings said the Sony-Panasonic tie-up underlined "the fall of Japanese tech companies," as such a venture was

previously "unthinkable."

Sony was the first in the world to sell an OLED TV, with an 11-inch model in 2007, but it wasn't a strong seller, partly because of its small size and high price. THE ASSOCIATED PRESS

SNC-Lavalin. Former execs to face corruption charge in court next year

Two former executives with Canadian engineering giant SNC-Lavalin will be back in court next year to face a corruption charge.

Ramesh Shah, 61, of Oakville and Mohammad Ismail, 48, of Mississauga are accused of trying to bribe officials in Bangladesh.

The prosecution alleges they offered payment to secure contracts for supervision and construction of the Padma Bridge and an elevated expressway in Dhaka.

No money actually changed hands but the accused are alleged to have violated the Corruption of Foreign Officials Act.

Neither man nor their lawyers were in court following a judicial pre-trial be-

fore an Ontario court judge Monday. Shah had been a vice-president and Ismail was director of international projects at SNC-Lavalin in Toronto.

Their preliminary hearing was set for April 8-19, 2013.

The maximum penalty laid out in the law is five years of prison, making it an extraditable offence. Judges have the discretion to impose any fines with no maximum.

Last Friday, a SNC-Lavalin spokeswoman said the company hasn't been charged and she was not aware if other former employees face charges or have left SNC-Lavalin in relation to issues in Bangladesh.

THE CANADIAN PRESS

Tech trouble

RIM shares slide after downgrade

Research In Motion shares hit their lowest level since 2003 on Monday as the company was downgraded by investment firm Morgan Stanley, which called the company "essentially broken."

Morgan Stanley analyst Ehud Gelblum said while the troubles at RIM are well known, the investment firm believes estimates for the company need to come down even further over the next six months.

Shares in RIM traded as low as \$9.27 on Monday on the Toronto Stock Exchange, its lowest level since 2003 after adjusting for stock splits. The stock closed down 76 cents at \$9.36.

The drop came as RIM dismissed a Sunday Times newspaper report on the weekend that suggested the company was considering selling its handset manufacturing unit or a stake in the whole company. THE CANADIAN PRESS

Market Minute

DOLLAR
97.16¢ US (-0.44¢)

TSX
11,330.39 (-105.15)

OIL
\$79.21 US (-55¢)

GOLD
\$1,588.40 US (+\$21.50)

Natural gas: \$2.694 US (+6.9¢)
Dow Jones: 12,502.66 (-138.12)

MoneyProvider.com
\$500 Loan
and more
Fast, easy and secure
1-877-776-1660
www.moneyprovider.com

SEXISM IS NO JOKE



SHE SAYS...
Jessica Napier
metronews.ca/shesays

Every once in a while, you can count on some male comedian to drag out the hackneyed “girls-aren’t-funny” routine to try to gain some attention — or, in Adam Carolla’s case, sell

a book.

In an interview with the New York Post last week, the comedian complained about his personal struggle (eye roll) with unfunny female colleagues. “They make you hire a certain number of chicks, and they’re always the least funny on the writing staff,” he whined. “The reason why you know more funny dudes than funny chicks is that dudes are funnier than chicks.”

It’s pretty pathetic when a 48-year-old man uses words like “dudes” and “chicks” to offer commentary on gender roles in comedy. But I suppose this is the type of enlightened discourse we can expect from the comic genius behind The Man Show, a now-defunct program that featured such classic bro-centric segments as Guess Whose Asscrack and Breast Implant Fashion Show.

If Carolla expects his staff writers to rely on low-brow, homophobic (GLAAD recently lambasted Carolla after he joked that the LGBT acronym should be changed to YUCK), frat-boy humour to get cheap laughs, then I’m not surprised to learn that he hasn’t encountered many women who adhere to his idea of funny.

Sadly, while the backlash against Carolla’s misogynistic remarks was substantial, he’s not alone in his sexist

ideas. The late Christopher Hitchens opined a similar argument in his infamous 2007 Vanity Fair essay titled Why Women Aren’t Funny.

In the piece, Hitchens suggested that men are obliged to be funny in order to attract members of the opposite sex. “Women have no corresponding need to appeal to men in this way,” he wrote. “They already appeal to men, if you catch my drift.” Presumably, Hitchens’ drift is that men are only attracted to women in a superficial (read: libido-driven) way. Underlying this belief is the dangerously chauvinist assumption that women are to be looked at, not heard from.

Thankfully, there are a growing number of female comedians disproving these sexist theories, both in front of the camera and behind the scenes. Kristen Wiig, Lena Dunham, Mindy Kaling, Wanda Sykes, Tina Fey, Betty White — the list of women who are funnier (not to mention more successful) than Adam Carolla is endless. These women produce and star in their own films and TV shows, they win awards, and they narrate audiobooks that will make you laugh aloud like a lunatic on the bus during your morning commute.

As for Adam Carolla, this washed-up man-child should go back to hosting his wildly successful podcast that you’ve probably never heard of.



Adam Carolla debuted his second book, *Not Taco Bell Material*, on June 12. It’s a memoir of the comedian’s life from the early years up to the present day. KEVIN WINTER/GETTY IMAGES FILE

New Yorkers beam at WTC site



SPENCER PLATT/GETTY IMAGES

9-11 memorial site

Beam completes steel skeleton

A construction worker signs the last steel beam before it is hoisted 300 metres to the top of 4 World Trade Center on Monday in New York City.

The trapezoidal glass and steel office building, which is designed as an architectural backdrop to the September 11 Memorial, is scheduled to open in 2013.

GETTY



Construction worker Frank Gasior gazes as the last steel beam is hoisted to the top of 4 World Trade Center. GETTY IMAGES

Then and now

“Ten years later, it’s pretty remarkable. This is a very proud moment. It’s full circle.”

Sally Rexach, a nurse who aids workers at the site as she did during the rescue and recovery work following Sept. 11. She said she had tears streaming down her face while the beam was lifted into the sky.

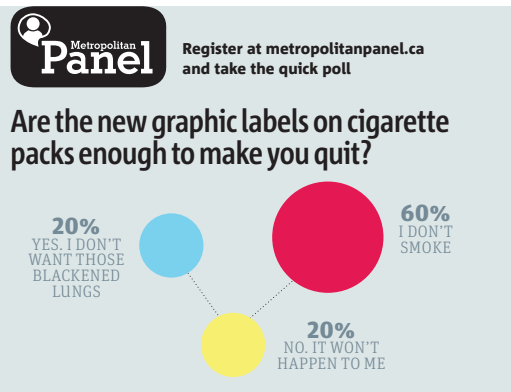
First tower completed

Redevelopment long overdue

Developer Larry Silverstein told the crowd that his goal was “to give New Yorkers back the city terrorists tried to take away.”

After years of funding and planning disagreements that at times threatened progress, Silverstein acknowledged, “It’s been a very tough time.” But added, “I’ve always believed in downtown New York.”

THE ASSOCIATED PRESS



Twitter

@LKarwandy: Hey you sun!! where we're you this weekend?!?!? #Halifax

@andand44: Apparently Citadel football plays hate Sackville High football players..... #ThingsYouShouldntLearnTheHardWay

@sammynickerson: Wish I was going to the gardens today

@mallorymcgee: went to the club last night & went to work at 7am today ... can't say I make the best decisions *face-palm*

@hayleynoy: I hate living in Upper Sackville.. Nobody ever wants to hang out because it's 'too far of a drive' ha.. #LoadOfCrap

@Mattzors: I have a crush on every girl in Bedford.

2

SCENE

Scene in brief

**Billy Ray
heads to
Broadway**

Country singer Billy Ray Cyrus is making his Broadway debut in Chicago. The singer of *Achy Breaky Heart* and father of Miley Cyrus is detouring from his Nashville roots in taking on the role of criminal lawyer Billy Flynn for a seven-week engagement beginning Nov. 5. Cyrus starred with his daughter in the hit TV series *Hannah Montana*, and has acted in TV movies on Lifetime and the Hallmark Channel. Cyrus has also hosted country music's *Nashville Star* and was a competitor on *Dancing With The Stars*.

THE ASSOCIATED PRESS

On the web



Black Keys sue Pizza Hut, Home Depot for copyright infringement over song use in ads

Alex Pettyfer bares all

Magic Mike. Actor talks about psyching himself up for semi-nude dancing

NED
EHRBAR
Metro World News in Hollywood

While audiences are already familiar with Alex Pettyfer after a busy 2011 — with *I am Number Four*, *Beastly* and *In Time* — they are about to see a lot more of him, to put it lightly, with the release of *Magic Mike*. Pettyfer stars as a newcomer to the world of male stripping taken under the wing of the titular Mike (Channing Tatum, who is also the inspiration for Pettyfer's character). Stripping may seem like a daunting gig, but it turns out baring all didn't bother him as much as learning to dance.

How awkward have interviews for this film been?

I guess you kind of like dive into the fact that when you do a male stripper movie, they're going to ask you interesting questions. So you have to take everything and bite the bullet. Yes, I think the most frequently asked question is biggest wardrobe malfunction. And I think the biggest wardrobe malfunction that you have is that when you wear a thong and you have screaming girls, it can accidentally fly off. Thank God that didn't happen to me. It was during Matthew (McConaughey's) dance. It was kind of very funny.

Once you've signed up for a role like this, clearly you know what you're in for. But how do you mentally psych yourself up for it?

It's a very scary thought, one, to dance, as I've never danced before, and two — the fact that you're going to dance practically naked, you kind just wrap your head around the fact that you've



Magic Mike opens in theatres on Friday. HANDOUT

got to dive into it fully. And the fact that all the other guys are in the same boat as us, doing the same thing and — apart from Channing — not having the experience beforehand, and having the experiences firsthand on the set was also very calming. I had to learn how to dance, because I can't dance. At all. To save my life. (laughs). But at the end of the day, you don't want to go to a male strip club and we're all perfect, classic dancers. What's great about the movie is that it's fun and mistakes are forgiven. It's an amazing thing to watch the flaws of a stripper because more comedy and more grime equals more reaction.

You're not playing Channing Tatum per se, but he is the basis for your character. Having him there must be...

A little awkward (laughs). It's a little awkward, yeah, because obviously he's a phenomenal dancer, for one, and you can't compete with that. And he's lived this life. But it actually really helped me, personally, because the awkwardness and vulnerability of not having experienced what goes on in this world was actually what my character had to experience, so it actually really helped.

You also had some very enthusiastic extras on set for the dance numbers.

They were phenomenal. I wouldn't really call them

Showgirls

What about that other stripper movie?

"A friend asked me if this is the male *Showgirls* — which it really isn't. I almost had a heart attack there. Like, are we

Showgirls? Oh, f—!," says Pettyfer.

But will people draw that connection anyway, because it's a movie about stripping? Pettyfer doesn't think so.

"You follow the characters through a journey," he says.

"It just happens to be in the world of male stripping."

actresses because I think they were very, very glad to be there. On most film sets with background, you

have to be like, "Give more!" And with these guys, for 12 hours straight they were screaming.

atlantic
sleep apnea

Awaken your best life.

Serving Sackville and HRM for over 10-years!

If you snore or always feel tired...
treating Sleep Apnea can improve the overall quality of your life. Talk to us about how we can help!

- FREE in-home Sleep Study
- 30-day FREE CPAP Trial
- FREE Lifetime followup care
- Open Monday to Friday 8am-5pm, Thursdays till 8pm

Lower Sackville 864-6076 • Dartmouth 469-2550 • Bridgewater 527-2333 • Truro 895-9357 • Saint John 642-0116 atlanticsleepapnea.ca

Jason Segel 'totally smitten' with Michelle Williams

Things seem to be going well on the romance front for Michelle Williams and Jason Segel. Williams "hasn't been this happy in forever," a source tells People magazine of the couple, who made a brief appearance at the after-party for the premiere of her new film, *Take This Waltz*, in New York late last week.

Segel, for his part, is just as happy. "Jason is totally smitten," the source says. "It's like the first girl he's ever been this way with."



Jason Segel

Trebek has a heart attack

Longtime Jeopardy! host Alex Trebek suffered a mild heart attack over the weekend, but is expected to recover, according to the Hollywood Reporter.

Trebek, who has hosted the game show for 28 years, "is in good spirits and is currently under observation and undergoing further testing," a rep says. "He is expected to fully recover and be back at Jeopardy when production begins taping in July for the new season."



Alex Trebek

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Anthony Bourdain ALL PHOTOS GETTY IMAGES

Anthony Bourdain: Off with their heads

MONICA WEYMOUTH
scene@metronews.ca

Somewhere between continent-hopping and mysterious cauldrons of soup, chef and *No Reservations* host Anthony Bourdain found the time to pen a graphic novel.

Part kitchen revenge fantasy, part kung-fu foodie fun, *Get Jiro!* includes a scene in which a man is decapitated for ordering a blasphemous California roll.

"There are people who work 60 years trying to get the same 20 to 25 pieces of classic sushi perfect, but they know they will never reach that point. That kind of drive for perfection deserves respect," Bourdain told us when we caught up with him this week in New York City.

"So when you see somebody go into a regular sushi bar and treat it like it's crap or just another meal, well, I fantasized about seeing somebody lose their head!"

We wonder what the recommended punishment would be for a sriracha sprinkle. Not that we'd ever do that. We're just wondering — for our savage friends, whose heads aren't ours.

Courtney Love is just being Courtney Love

One of Courtney Love's less destructive habits is throwing around lawsuits — in 2009, the rocker put her legal team on 14 cases in 10 months. But apparently, she forgot to pay for their many services. The rocker is being sued by her former lawyers for almost half a million in legal bills, reports TMZ.

Although she sent flowers and thank-you gifts, the suit alleges that the rare cheques bounced, and that Love used her funds to pay for a gaggle of personal assistants.

There's something refreshingly 'Courtney Love' about getting sued by your lawyer. Never change, Court.



Courtney Love



Amy Winehouse and Blake Fielder-Civil

Did Winehouse want a baby with her ex?

Amy Winehouse was reportedly desperate to have a child with ex-husband Blake Fielder-Civil — even after the pair split up — Blake's mother, Georgette Fielder-Civil, told a British newspaper.

Georgette says that before her son went away for his latest prison term, he showed her letters from Winehouse post-divorce that clearly indicate their romance was

far from over.

"In one letter, Amy wrote that Blake was definitely getting her pregnant within two months. She talked about conceiving the baby — which they would call Lucky — on Valentine's Day," Georgette says. "Even after their divorce Amy told Blake she'd love him forever. They carried on talking to each other until a few months before she died."

Reese talks about her baby bump

While her baby bump has grown, Reese Witherspoon has stayed relatively mum on her pregnancy — her first with new husband Jim Toth.

But she finally acknowledged the obvious while at an event in Chicago, according to the *Chicago Sun Times*.

"Frankly, I'm feeling very round tonight," she told the crowd. When a reporter suggested she avoid the city's famously hearty food, she added, "Maybe, but it's not easy. I'm always feeling like I'd like to eat everything in sight."

As for her immediate plans, Witherspoon is currently shooting *Devil's Knot* with Colin Firth in Atlanta.

"After that, I'm going to take a little time off — and go have a baby," Witherspoon said.



Reese Witherspoon



Curb-Ease®
CONTINUOUS
CONCRETE BORDERS

1-877-696-2872

UP TO
\$200 off
\$75 off-up to 100'
\$100 off-up to 200'
\$200 off-over 200'
LIMITED TIME OFFER

FREE ESTIMATES

Locally owned & operated
Lou & Diane

www.curb-ease.com

3

LIFE

On the Web



The Lifesaving Society is hoping to prevent drownings among teens by strengthening their swimming skills before they hit high school

WALK IN MEDICAL CLINIC

Medicine in Motion
Family, Physiotherapy & Sports Medicine Centre

Family Practice

**Female MDs
accepting
NEW patients!**

468-2774
medicineinmotion.ca

121 Ilsley Ave, Unit 5
Burnside, Dartmouth

Food for thought.

The Meatless Monday campaign is fighting to reduce global meat consumption by urging carnivores to go veggie one day a week. In the Meat Free Monday Cookbook veteran vegetarian, Beatles singer Paul McCartney, shares his favourite recipes. Here's one:

ROMINA
MCGUINNESS
Metro World News

It's no secret that a diet high in processed red meat can dramatically increase the risk of death from heart disease or cancer. But with the summer barbecue season in full swing, we've been gorging on burgers most weekends. Will cheese and beans ever rival the real deal? Probably not. But it's time to tackle the scary truth, one steak at a time.

This is a fantastic salad. Here it's served with tofu, but you could just as easily serve it with veggie burgers or vegetarian sausages, as well as fries and mashed potatoes.

1 Preheat the oven to 400°F and roast the cherry tomatoes for 10 minutes.



Paul and his daughters / CONTRIBUTED

Paul McCartney's Super Vegetable Salad



If you're looking for something other than a steak, this is the dish for you. CONTRIBUTED

2 Cover the bottom of a pan with cold water and place a steamer above it. Put the broccoli, green beans, and carrots in the steamer, turn the heat on quite high, and steam for about 15 minutes, occasionally prodding the carrots with a fork to see if they are done. Some people like them slightly crunchy, others prefer them a little softer.

3 While the vegetables are steaming, make a salad with the leaves and scallions.

4 Combine the cornmeal and herbs in a bowl. Heat some olive oil in a frying pan. Dip the tofu in the cornmeal mixture and then fry until golden.

5 Whisk together the ingredients for the dressing, but only pour over at the last minute.

Ingredients

Serves 4

- 28 cherry tomatoes
- 3 florets of broccoli
- 12 green beans, cut into 1 inch lengths
- 2 carrots, peeled and sliced into 1 inch pieces
- 1 lettuce — I like Romaine
- 3 scallions, finely chopped
- 2/3 cup cornmeal

- a handful of chopped herbs of your choice
- 9 ounces tofu, cut into slices
- olive oil for frying

For the dressing

- 2 tablespoons olive oil
- 1 tablespoon red wine vinegar
- 1 teaspoon Dijon mustard (optional)
- 1 teaspoon maple syrup (if you like a bit of sweetness)



Devera Giles,
owner

ULTRA HAIR
solutions & esthetics

EVERY WOMAN DESERVES HER CROWNING GLORY!

Female hair loss occurs in more than one pattern. If you are a woman who has started to lose your hair, you are not alone. Are you worried about your hair loss? Contact us for a consultation today.

429-8300 • 1770 Market St • ultrahair.ca

All good lunch columns go to foodie heaven — even this one



Lamb Souvlaki Pita (\$11). VALERIE MANSOUR



LUNCH RUSH
Valerie Mansour
life@metronews.ca

It's All Greek to Me was one of my favourite Metro restaurants.

After its sudden closing,

it has been reborn as Blue Olive Greek Taverna with much the same lovely ambience and menu. It's quiet on this day. We are graciously welcomed and brought warm garlic bread.

Sipping on cranberry with soda (\$2.50), we start with delicious Spanaki me

Feta (\$6), a creamy dip of feta and spinach, served with pita slices.

The chunks of lamb in the Lamb Souvlaki Pita (\$11) are perfectly cooked, wrapped in the bread along with red onion, tomato and tzatziki, accompanied by steaming hot fries — tasty and filling.

The Kalamari Salad (\$11) is strikingly presented with lightly battered squid over a mound of romaine lettuce, cucumber, red onion, feta and olives, and circled with cherry tomatoes. Heavy on the olive oil, but still nice.

Yes, it's good to be back — just as my Lunch Rush column comes to an end.

Visiting the restaurant

Blue Olive Greek Taverna

Address. 6196 Quinpool Rd.

Phone. 407-3000

Website. blueolivegreek-taverna.com

Rating. 3.5/5

Price range. \$\$

Social lunch. Yes

Quick solo lunch. Yes

Lunch with co-workers. Yes

Honeycomb and Brie English Muffin Pizzas. One of the best combos



1. Heat the oven to broil.
2. In a medium skillet over a medium-high temperature, heat the olive oil. Add the onion, garlic and thyme, then sauté for 5 minutes, or until the onion starts to get tender. Season with salt and pepper, then set aside.
3. Split each English muffin in half and arrange cut side up on a baking sheet. Set under the broiler just long enough to lightly toast, about 1 minute.
4. Top each muffin half with brie, then spoon a bit of the onion mixture over each. Place under the broiler for another minute. Transfer the halves to serving plates, then top each with a spoonful of honeycomb. Serve immediately.

THE ASSOCIATED PRESS

Ingredients

- 1 tablespoon olive oil
- 1 medium red onion, thinly sliced
- 1 clove garlic, minced
- 1/2 teaspoon dried thyme
- Salt and ground black pepper
- 4 large whole-wheat English muffins
- 6 ounces brie, thinly sliced
- Honeycomb

Best Health

Five foods to help your skin



BEST HEALTH MINUTE
Bonnie Munday
Editor-in-chief
Best Health Magazine

Yes, you still need to wear sunscreen and a hat. But protecting your skin from the sun can also be delicious.

Each issue of Best Health magazine is full of often-surprising information about nutrition for Canadians.

In the Summer issue, on

newsstands now, nutritionist Allison Tannis offers a list of five foods that provide the best sun-damage protection.

1. Tart cherries.

They are packed with melatonin, protecting your skin against UV rays and helping to repair sunburned skin by stimulating new skin-cell growth. And cherries' vitamin C builds collagen, helping prevent wrinkles.

2. Crimini mushrooms.

Because these are loaded with the mineral selen-



ium, which produces antioxidants in your body, they fight free radicals that form in your skin after sun exposure.

3. Green tea.

This contains an antioxidant that helps ward off inflammation of the skin and

neutralize free radicals.

4. Pomegranates.

Their high antioxidant content fights inflammation,

and reduces the ability of UVB rays to cause cancer-promoting damage in skin cells.

5. Fatty fish.

Salmon, for example, is loaded with selenium and protein, both needed for skin repair. Eating fish will also keep your skin hydrated and radiant.

The Summer issue of Best Health is on newsstands now.

TO CLAIM YOUR FREE ISSUE OF BEST HEALTH MAGAZINE, GOT TO BESTHEALTHMAG.CA/METRONWS



Congratulations to Vlad Snytkin on taking first place in Atlantic Canada in the Redken Cover Competition

jonathan neil
salon & spa

Now hiring experienced stylists.

We offer competitive commissions, education and health plan.

Apply to: contact@jonathaneilssalon.com

492-3962 • 422-6597

1333 south park street • jonathaneilssalon.com

Does the Net handle all your finances?

Plugged in. Trying to pay a bill or cancel a card can be a total nightmare when the Internet is down — have a back-up plan



YOUR MONEY
Alison Griffiths
money@metronews.ca
Twitter: @alisononmoney

We're all pretty much tech addicts these days and nowhere is this dependency more evident than in our Internet love affair. But everyone must have a fall back plan if you lose your connection, especially for financial data. I know of

Alison's money rule

"Love the Net but be sure to have a financial back-up plan for when it fails."

what I write.

This week I lost my service for a couple of hours and it pretty much brought my work to a standstill. I couldn't access e-mail, let alone pay bills or check my calendar. I also had to contact my bank regarding a transaction. But have you ever tried to contact a specific person at a branch when you can't even locate a current phone book?

When the Internet abandons you the biggest concern is accessing your financial life. Delays could mean interest charges or other penalties.

One reader missed making his RRSP contribution when he lost service the night of the deadline. That cost him thousands in tax.

Here are four important steps you should take to protect your finances from cyber interruption.

1. **Save.** With programs such as Yahoo or Gmail, which are not resident in your computer, save important e-mails to your hard

disk. Search the respective help programs for instructions. But I find it is even quicker to cut and paste e-bills or other important financial e-mails and save them in Word.

The advantage here is that you can make notes about when a bill is paid or add information about changing a cell or cable package, for example, with the relevant confirmation number. Assuming you back up your computer the information is easily accessible, Net or no Net.

2. **Contacts.** Print your contact list and make sure you have contact numbers for every bill you pay as well as for your bank and brokerage. Store it somewhere safe.

3. **Inventory.** Have a hard copy of all banking information including account numbers, passwords and security questions. I abbreviate the latter two for safety. For extra protection store it in a safety deposit box but



In the dark: Don't miss a mortgage payment because the Internet is down. CONTRIBUTED

be aware that if the bank isn't open you're stuck.

4. **Calendar.** Maintain a simple hard copy calendar

or one resident on your computer noting when all bills are due. It will be a lifesaver if the Internet goes dark.

ALISON GRIFFITHS IS THE AUTHOR OF **COUNT ON YOURSELF: TAKE CHARGE OF YOUR MONEY. REACH HER AT ALISONGRIFFITHS.CA OR AT GRIFFITHS.ALISON@GMAIL.COM**

Take Me Home! Berry

4 year old Berry was surrendered to the SPCA after her human family member developed an illness. She has a marmalade coat of red striping on a pale ginger background and displays a pronounced "M" on her forehead that is typical for tabbies. She has pale spring green eyes and her fur is as soft as velvet.



Berry displays a modest, bashful personality yet relishes attention - especially tender scratches behind her ears and on her back. She is still getting used to her new surroundings so extra reassurance is important to help her confidence along. If you can offer Berry the new home she so deserves, please visit her!

For more information on Berry and other adoptable furry friends, visit www.pas.spcans.ca or contact the Nova Scotia SPCA Provincial Animal Shelter at 468-7877 or info@pas.spcans.ca

BROUGHT TO YOU BY:



278 Lacewood Drive
Clayton Park
431-8665



METRO IS A PROUD SUPPORTER OF ADOPT AN ANIMAL WITH THE SPCA



Call 420-1013 weeknights to co-host the interactive NINE@9 with Tessa and Kat!

Discovered this week:

- ★ Sky Jensen from Halifax
- ★ Sylvana Jarmash from Dartmouth
- ★ Dillion Garland from Halifax

Interactive NINE@9

1013TheBOUNCE.com
info@1013thebounce.com



How to socialize your boyfriend



CHARLES THE BUTLER
askcharles@thebutler@metronews.ca
For more, visit charlesmacpherson.com

Dear Charles, I have to admit that the man I chose to be my boyfriend has some traits that I would prefer he did not possess. OK, I admit it: I think he has bad manners. For example, he has a habit of forgetting to ask for his water without ice at restaurants. At the end of the meal, he wants to drink water without ice, so he scoops ice out with a fork or a spoon and puts it in his empty plate. Then he drinks the water. Sometimes I try not to let it bother me, especially when we're in a really casual restaurant. However the other night he did it in a small, fancier restaurant, and I could see people looking at him. How do I socialize my boyfriend without being an annoying girlfriend who is overtly trying to socialize her boyfriend? I've tried to model ordering water without ice (even though I prefer ice) but he doesn't

get the hint. Rolling my eyes and being annoyed when he does stuff like that is more effective at getting him to stop, but I don't like acting like that.

Stressed Girlfriend

Dear Stressed Girlfriend,

I'm a firm believer you must deal with this issue head on and sooner rather than later, so how do we do this?

Firstly, not in public, nor in front of a waiter, pick a private place when it is just the two of you. Once alone, I think I would just come right out and say, "You know John, I've noticed that when you pick the ice out of your glass, people at the tables around us are staring at you, and it is making me uncomfortable. Would you please do me a favour and when you order water, can you please order it without ice?"

The reason I like this method is because it tells him about others who have observed his behaviour and as his girlfriend, how this makes you uncomfortable.

Please let us know how it goes!

Fingers crossed!

metro

Your Neighbourhood:

BEDFORD SACKVILLE

Tuesday, June 26, 2012



The Sackville Greenway Trail connects the two communities of Sackville and Bedford. TOM MASON/FOR METRO

Sunnyside community shines

Urban renewal. Downtown neighbourhood has become more attractive than ever with the River Greenway Trail and a new sports stadium

TOM MASON
For Metro

It doesn't appear on most maps, but downtown Bedford has been known as "Sunnyside" for a long time. For six decades at least.

Today a popular shopping mall and one of the area's oldest restaurants also bear the Sunnyside name, but the moniker remains unofficial. It may

have started out as part of a gentlemen's agreement between two local businessmen, according to restaurant manager Gerard Avery.

"The way it was told to me is that one of them started a roadside stand and promised to sell only chicken burgers," Avery says. "He called his business the Chickenburger. The other guy promised to sell only hamburgers and he opened up on the other side of the road —

the sunny side of the road. So he called his place Sunnyside."

The story may be slightly apocryphal, but it's appropriate too. For generations of Haligonians, Sunnyside was a stopping place, a place to gas up and grab some food before making the journey to other parts of the province and beyond. The communities on each side of it were crossroads communities, created in the days before automobiles by the geographic fact that they were as far from downtown Halifax as a horse could comfortably travel.

In the days of cars and asphalt Bedford and Sackville became great places to put down

Quoted

"There has been a real effort to revitalize the commercial corridor and it really shows."

Bob Harvey, HRM council representative, Lower Sackville

roots as well. Bob Harvey was one of those who stayed. He settled with his family in Sackville 40 years ago and for the last 23 years has represented Lower Sackville on HRM council. He has seen a lot of changes to the community over the years. "There has been so much

activity in the downtown along Sackville Drive, particularly in the last 10 years," he says. "There has been a real effort to revitalize the commercial corridor and it really shows."

Harvey says that with recent amenities like the Sackville Sports Stadium, the Cobequid Health Centre and the Sackville River Greenway Trail, the community has become more attractive than ever, but the price of housing is still the biggest draw to the community.

To accommodate the popularity, both Sackville and Bedford have seen a flurry of building activity in recent years with new neighbourhoods such

as Ellis Estates, Twin Brooks and Stonemont appearing in Sackville, as well as a number of new developments around Larry Uteck Boulevard in Bedford including Crestview, The Ravines, Nottingham and Basinview Ridge.

This year will be Harvey's last on HRM council. He's decided not to re-offer in the fall municipal election. He's proud of the way his community has grown in the last couple of decades.

"A lot of the things we started working on 10 or 15 years ago are really starting to bear fruit now. We've really grown as a community."



Twin Brooks

Sackville's most anticipated residential development.

Formerly the Sackville Golf Course, this master planned community of fully-serviced homesites is nestled between Millwood Drive and Sackville Drive close to all lifestyle amenities with quick access to major highways via Margeson Drive. Custom homes for sale in current phases with two new phases opening in Fall of 2012.

Featuring Custom Home Designs by:



rooftight
homes for real life
www.rooftight.ca
(902) 880-3267



RAMAR
Quality & Service...our tradition
www.ramar.ca
(902) 865-1607

Turn-Key Single Family Home Packages from

\$259,900





www.liveatTwinBrooks.com

A national celebration

Canada Day weekend.

Bedford Days and Sackville's Patriot Days will feature a parade, fireworks and the Rouge et Blanc Summer Soiree

TOM MASON
For Metro

For residents of Sackville and Bedford, the Canada Day weekend has long been a time of fun and festivities; a time to celebrate with Bedford Days and Sackville's Patriot Days.

"Kinsman Park is the place to be for Patriot Days," says event co-chair Charlene Whitlock. "Most of the events are happening there throughout the weekend." Events this year will include a trail walk, the ever-popular

Teddy Bear's Picnic, a sand castle contest, fireworks, a Canada Day concert and parade.

"The parade and the fireworks are always very popular events," says Whitlock. "The Teddy Bears picnic is the other event that really attracts a lot of people, because there's so much for the kids to do and everything's free. We have people taking the bus all the way from Springfield to come to it."

Whitlock says that because many retailers are open on Canada Day this year, the parade route has changed. It will begin at the old Walmart parking lot and end at Rock Church where there will be a free barbecue for the public. In addition, because Canada Day is on Sunday a number of local churches will be taking part in an interdenominational church service. "It's a way to honour the fact that many people like to go to church

on Sunday. This way they can do it and take part in the Canada Day events at the same time."

Down the road, Bedford Days also has plenty of events planned, according to Bedford Days support coordinator Geoff Smith. Popular events like the Kids of Steel triathlon, Halloween in June party, Teddy Bears Picnic and fireworks and Canada Day concert in DeWolf Park are all back, along with some new events like an ice cream social and the Rouge et Blanc Summer Soiree complete with music, hors d'oeuvres and wine samples from Harvest Wines and Spirits.

"Our Rouge et Blanc event will be a first for Bedford," says Smith. "We've tried to put all the best of Bedford under one roof." Organizers are also encouraging guests to wear red and white "summer formal" in honour of Canada Day and the Rouge et Blanc theme.



The parade is the focal point of Patriot Days celebrations. CHARLENE WHITLOCK PHOTO



The Sackville River Greenway Trail begins near Scott Manor House in Bedford. TOM MASON/FOR METRO

The ever-growing Greenway

Trailblazing. The Connector Greenway is in the works and the Little Sackville River will chart its path

TOM MASON
For Metro

For Richard Peckham, the best thing about walking the Sackville Greenway Trail is the sound that the digger logs make. You might say it is music to his ears. "We place the logs in the water at an angle," he says. When the water flows over them it aerates the river and creates a beautiful sound along the trail.

Peckham is the volunteer trails coordinator for the Sackville Rivers Association. The well-known Halifax-area environmental group has been developing a trail system along

the river for more than a decade. "It's actually a sequence of trails," says Peckham. "Eventually we hope to have one long trail from Fort Sackville in Bedford all the way to Mount Uniacke, but I'm afraid that's going to take longer than my lifetime."

The Sackville Rivers Association started the trail project more than a decade ago by developing the portion of trail that runs from Fort Sackville to Range Park in Bedford. Next came the Range Trail that is the first walking trail to connect the communities of Bedford and Sackville. It runs through a forested area on the DND rifle range property. Phase three is the one the Sackville Rivers Association is focusing on now — a trail called the Bedford Sackville Connector Greenway that will follow the course of the Little Sackville River.

"It will require a lot of fundraising to complete," says Peckham. "The cost is likely to be in the millions before it's finished. There are a lot of bridges that

have to be built, and because it runs through urban neighbourhoods, any land purchases we need to do will be expensive."

Quoted

"It's really become an important focal point in the community."

Richard Peckham, volunteer trails coordinator

On the completion of Connector Greenway

Peckham says the completed portions of the trail are already popular with the Bedford Sackville community. He usually sees a variety of users including dog walkers, runners, parents pushing carriages, even cyclists commuting to work and shoppers headed for the local malls. "I know that people are getting quite impatient wondering when the next section is going to be completed," he says. "It's really become an important focal point in the community."



Dulux Paints

(902) 835-1300

1746 Bedford Highway, Bedford

dulux.ca

Living The Outdoors!

Minimize the work and maximize the fun with a durable and beautiful finish!



FREE 4" Stain Brush with Purchase of Superdeck Stain*

*\$10 value. Bedford location only. Ask for details.

Family owned since 2001 & proud to call Bedford home! 75 years of combined staff experience. Also offering FLOOD® and WOODPRIDE® Deck Systems

Proudly serving HRM and babies on the go since 1989



The Royal Diaperer
3 Floor Baby Store

Zoo Luggage

Little kid rolling luggage.

Available in: bee, dog, monkey and owl



425 Sackville Drive • 252-3780 • www.royaldiaperer.com



The Chickenburger's menu hasn't changed much in the last 70 years. TOM MASON / FOR METRO

Retro rules at Bedford eateries

True North Diner.
New restaurant fits
in with community's
1950s vibe

TOM
MASON
For Metro

The True North Diner may be the newest eatery on the Bedford block, but there's something distinctly familiar about it — especially if you're old enough to remember the 1950s.

The retro diner's neon lighting, old-style jukeboxes and malt shop menu harken back to an era when the cheeseburger was king and every meal came with a side of fries and a shake.

The diner may be a throwback to a time of simpler cuisine, but in Bedford it's hardly unique. With venerable old res-

taurants like the Chickenburger, the Esquire and Sunnyside, the community has long been a local mecca for retro dining.

Gerald Avery manages three of Bedford's retro restaurants: Sunnyside, The Esquire and True North Diner. He says channeling the days of hot rods, Elvis and Ed Sullivan is really just a happy accident. "It's not something we've really done consciously. After all, Sunnyside has been around for more than 70 years. The Esquire is nearly as old. All we've done is kept the things that people have always loved about them."

"If it's not broke, don't fix it," Chickenburger manager Colin MacDonald agrees. "The Chickenburger has a great connection with the people of Bedford. It's such a part of the community and our number one priority is to preserve that. We've built on the foundation that the former owners, the Innes family, created. That's why it still has a fifties feel."



True North Diner is the latest addition to the Bedford diner scene. TOM MASON

Not that the management hasn't made changes and improvements. After all, when the Chickenburger opened 70 years ago it was a tiny roadside stand that sold milk, cigarettes and bread along with chickenburgers, says MacDonald. Today it has expanded to three locations in HRM. "We've definitely evolved, just as the business evolved while the Innes family was running it. In the last few years we've brought in Interac,

Quoted

"It's not really something we've done consciously."

Gerald Avery, True North Diner manager
On Bedford's many retro haunts

we opened the ice cream stand and moved the kitchen. But we haven't touched the menu or the quality of the food."

Winning wines. Independents offer specialty brands

Bedford has become a destination for fine wine lovers in recent years thanks to the efforts of two independent wine sellers. Harvest Wines and Spirits and Cristall Wine Merchants have been building a big reputation for selling unique and hard-to-find wines.

"It's a fun business," says Colin MacDonald, who owns Cristall Wines and also manages Harvest Wines and Spirits. "There's a lot to learn about wine, and it's a great product to sell."

MacDonald says that a big part of selling good wines lies in education. Its important for both staff and customers to understand the product. "We do our best to make sure that everyone on our team is well educated about our products so that they in turn can pass that knowledge on to our customers." Part of that education comes with bi-weekly wine testing for staff.

For the Bedford stores, selection is a large part of the attraction. At Cristall customers can find everything from a \$10 pinot to a \$2000 bottle of Chateau Petrus. "We operate in a bit of a niche," says MacDon-



Cristall Wine Merchants is one of Bedford's popular wine sellers. TOM MASON

ald. "We compliment NSLC by bringing in smaller brands and lesser known products, and

selling them at a fair price."

While well-established old world brands are still big sell-

ers, connoisseurs are paying a lot more attention to local Nova Scotian brands lately, according to MacDonald — everything from well established local vineyards such as Jost and Gaspereau to newer brands including Luckett and Benjamin Bridge. "It's hard to compare local wines with France or Italy that have been doing it for thousands of years, but there really are a lot of great wines coming out of Nova Scotia," he says. "The quality has come a long way in the last 20 years. Local winemakers are learning what works in Nova Scotia."

TOM MASON

Bedford

BUY & SELL

1743 Bedford Highway, Bedford (Across from Arby's)

Hours: Monday - Friday 8:30am - 5:30pm
Saturday 10am - 4pm

835-1600 www.bedfordbuysell.ca

Bedford - Sackville's 1st choice for home appliances

HALIFAX
REGIONAL MUNICIPALITY

Bob Harvey
Councillor, District 20
Lower Sackville

E Mail: harveyb@halifax.ca
Cell: 488-4820
Fax: 869-4031



Healthy Selection
NATURAL FOOD SUPPLEMENTS & SERVICES

You. Your health. Our priority.

New Location...
Same great service & same great pricing
1509 Bedford Highway • 832 7511

Serving the people of Sackville and Lucasville for 12 years



Brad Johns

Councillor
District 19
Sackville - Lucasville

P.O. Box 203
Sackville, Nova Scotia
Canada, B4C 2S9

Tel: (902) 476-1234
Fax: (902) 869-4749

Email: Brad.Johns@halifax.ca

HALIFAX
REGIONAL MUNICIPALITY

HALIFAX
REGIONAL MUNICIPALITY

Tim Outhit
Councillor - District 21
Bedford

Cell: 229-6385
Email: outhitt@halifax.ca



NEED COOL DESIGN TIPS?

Read
metrohome
every
Thursday.



A house of treasures past

TOM
MASON
For Metro

When the flag raises at Fultz House on Canada Day, the solemn ceremony will mark another opening day for the popular Lower Sackville museum.

Located at the intersection of Old Sackville Road, Sackville Drive and Cobequid Road in Lower Sackville, Fultz House started out as a stopping place on the Windsor Road. More than 150 years ago the Fultz family began operating a number of businesses here including an inn and a wheelwright shop — the 19th century version of a truck-stop garage. Today the museum preserves the memories of those days in several period buildings including an old barrel-making shop, a reconstructed blacksmith's shop and the main house.

Katherine Lapierre is one of more than a dozen dedicated volunteers who keep the museum operating throughout the summer months. Lapierre looks after the exterior of the property, maintaining the gardens and trails that are one of the signatures of Fultz House. "We're all volunteers," she says. "We get some government funding to pay our summer



The Grindstone Garden at Fultz House Museum. TOM MASON/FOR METRO

students, but most of the day-to-day operations of the museum are supported through fundraising."

The gardens Lapierre maintains includes the Heritage Garden and the Grindstone Garden with its prominent grist mill grindstone. Recently the Grindstone Garden was dedicated to the memory of Judy Church, a longtime volunteer at the museum and in the Sackville Community who died last year.

Quoted

"Most of the day-to-day operations of the museum are supported through fundraising."

Katherine Lapierre, Fultz House volunteer

Lapierre says that the museum grounds have become a popular venue for weddings in

recent years. And Fultz House's Tuesday Tea takes place every Tuesday at noon throughout the summer months, with each Tea sponsored by a different business or community group.

In addition to the Canada Day flag raising, Fultz House is hosting its annual baked bean and brown bread lunch on July 1 from 11 a.m. to 1 p.m. "It's always a popular event," says Lapierre. "We usually get 200 to 300 people taking part."

Calling all local talent



The Sackville Community Band. CONTRIBUTED

The Sackville Community Band may be a group of amateur musicians, but there's nothing amateur about them, according to principle conductor Jim Forde.

"We're all amateurs but everyone in the band has a high level of talent," he says. "Some of our members are retired professional musicians. Some of them were members of the Stadacona Band. Everyone has been playing music for a long time." Developed about 10 years ago, the Sackville Community Band is a labour of love for everyone involved. "The original idea was for us to be a marching band, but most of us are too old to march," Forde laughs. Today they meet every Saturday and perform in concerts throughout the year. While the caliber of the band is high, Forde says they are always looking for new members. "We welcome

new players all the time. If someone is interested and we have a vacancy in their section, we ask them to come to a practice and sit in with the band. I'm looking for a bassoon player right now."

The Sackville Band is just one of the groups in Bedford Sackville that is open for those with a performing bent. Down the road, the Bedford Players is celebrating their 30th year of staging popular theatrical productions. The theatre company has nearly 100 volunteers who work to stage their twice-annual productions — everyone from set designers, costume designers, hair and makeup and actors, of course. Bedford Players is currently in summer hiatus, but auditions for their fall production of the comedy *Move Over Mrs. Markham* will begin at the end of August.

TOM MASON

Your Family. Your Life. Your New Home


SUNSET
Ridge

Nestled in the heart of Middle Sackville, offering a quiet refuge with spectacular sunset views and easy access to all amenities.

Choose from a blend of home styles from some of Metro's top builders, including single family, semi-detached and town homes.

Take new Exit 2A off Hwy 101 to Margeson Dr., then right on Swindon Drive. Or Sackville Dr. to Beaconsfield Drive.

 /liveatsunsetridge
 @armcocap

www.liveatsunsetridge.com

New
Townhomes from
\$249,900



WE LOVE OUR COMMUNITY



OVER
\$150,000
RAISED IN 2011

**GREAT FUNDRAISING
OPPORTUNITIES FOR 2012
NOW AVAILABLE!**

FOR FURTHER INFORMATION CALL 835-8381 EXT. 222
OR EMAIL info@bedfordplacemall.com

www.bedfordplacemall.com 



(902) 422.1402 • sales@armcocap.com

Armco
COMMUNITIES

WagJag.com

DEAL OF THE DAY!

GET DEALS ON YOUR PHONE:



Buy For:
\$20



**\$20 FOR A BOOT CAMP
5-CLASS PASS FROM FIERCE
FITNESS MOBILE TRAINING
(A \$55 VALUE)**

Regular Price: \$55

You Save: \$35

Discount:
64%



\$50 FOR A \$100 TRAVELOCITY HOTEL GIFT CARD



MAKE A BOOK: TWO OPTIONS
OPTION 1: \$15 FOR \$30 TOWARDS PERSONALIZED
CDS | OPTION 2: \$15 FOR \$30 TOWARDS
PERSONALIZED SESAME STREET BOOKS



**\$24 FOR \$50 TOWARDS CLOTHING AT
ORBCLOTHING.CA**



WagJag Golf

**\$40 FOR 24 TITLEIST PRO V1 RELOADED GOLF BALLS
FROM TNT GOLF (A \$100 VALUE).**

Visit: **WagJag.com**

Follow us on: [@wagjaghalifax](https://facebook.com/wagjag)

Hurry to WagJag.com to purchase local deals before time runs out.

4

SPORTS

Women's soccer

"We're a very confident team right now and we feel that on any given day, we can beat the Japans, the U.S.A.'s, the Swedens."

Canadian women's soccer captain Christine Sinclair. She says her experienced team is primed for this summer's Olympics. The 18-woman squad announced Monday has a combined 1,374 caps. After the team's poor showing at last year's World Cup, Sinclair acknowledges it's time for the seventh-ranked Canadians to deliver against top opposition.

"We're a confident team and we feel that we can beat them, but that's just words. We have to actually do it."

Christine Sinclair
THE CANADIAN PRESS

On the web



Canadian welterweight **Rory (Ares) MacDonald** is looking to take down a legend at UFC 152 in Toronto. And he may get to do it in the main event. The British Columbian's fight against former champion B.J. Penn is currently listed as the co-main event for the Sept. 22 show at the Air Canada Centre. But a possible main event apparently won't take place. Scan the code for the story.



Nova Scotia well-represented on nation's canoe-kayak team

Canoe-kayak athletes, back from left, Mark de Jonge, Hugues Fournel, Ryan Cochrane and Jason McCoombs, along with Mark Oldershaw and Emilie Fournel, are pictured after being officially named to the Canadian Olympic team at an event in Lachine, Que., on Monday. Nova Scotians make up almost half of the seven-athlete team. De Jonge is from Halifax, Cochrane from Windsor and McCoombs from Dartmouth. BERNARD DESJARDINS/CANADIAN OLYMPIC COMMITTEE

No change in Eichel's plans to stay in U.S.

QMJHL. 'Lines of communication open' between Mooseheads and their top draft pick



MATTHEW WUEST
matthew.wuest@metronews.ca

Two weeks after being drafted, nothing's changed in the Halifax Mooseheads' bid to get Jack Eichel to the QMJHL.

The 15-year-old centre, selected in the first round, 15th overall, in the QMJHL draft in

Quebec City on June 9, hasn't wavered from his commitment to play for the U.S. under-17 development team next season.

"We've talked with the kid and the family and the lines of communication are open," Mooseheads general manager Cam Russell said on Monday.

On draft day, Russell described Eichel as "the best player in the draft" and said the Mooseheads were "confident" they could get the Boston University-bound teen to change his course.

Eichel finished fourth in Empire Junior Hockey League scoring last season with the

Waiting for his chance

Halifax Mooseheads right-winger Martin Frk will participate in a prospects development camp with the Detroit Red Wings starting July 6 in Traverse City, Mich. Frk was selected in the

second round, 49th overall, in Saturday's NHL draft in Pittsburgh. "Just work hard, be mentally strong, and be ready for every chance," Frk told Metro, regarding how he'll approach it.

Boston Bruins, piling up 86 points in just 36 games. Russell remains hopeful the North Chelmsford, Mass., native will play for the Mooseheads, but said he will respect Eichel's decision if he reports to the U.S.

under-17 team for 2012-13.

Eichel told Metro after the draft it was a "huge honour" to be picked in the first round and that he was "willing to listen" to what the Mooseheads had to offer.

Mooseheads hold 97th pick in CHL import draft



Konrad Abeltschauser RYAN TAPLIN/METRO

The Halifax Mooseheads have the 97th pick in the Canadian Hockey League import draft starting Wednesday at 10 a.m.

Although they're planning on having winger Martin Frk and defenceman Konrad Abeltschauser fill their two import spots in 2012-13, they're still expected to take a player.

If the player comes to camp along with Frk and Abeltschauser, the Mooseheads would have two weeks to release or trade one of the three. If the player doesn't report to camp, he'll go on a frozen list and remain the Mooseheads' property.

"We've got a few different ideas," said Mooseheads general manager Cam Russell.

"It's a second-round pick, it's not a great pick, but there's still a possibility you could add an asset down the road."

The Mooseheads traded their first-round import pick (37th overall) to the Sherbrooke Phoenix earlier this month in exchange for the expansion club's first-round import pick in 2013.

MATTHEW WUEST/METRO

Hockey

Ex-Mooseheads forward cut loose by Flames

Ex-Halifax Mooseheads forward and former first-round NHL draft pick Logan MacMillan has been cut loose by the Calgary Flames.

MacMillan, who was selected 19th overall in 2007 by the Anaheim Ducks before being traded to Calgary in 2010, did not receive a qualifying offer from the Flames and will become an unrestricted free agent on July 1.

The 23-year-old had 10 goals and 14 assists for 24 points in 47 games with the East Coast Hockey League's Utah Grizzlies last season and added an assist in nine games with the American Hockey League's Abbotsford Heat.

MacMillan joined the Flames organization in June 2010 when the Ducks traded him for minor-league veteran Jason Jaffray.

The six-foot-one, 188-pounder ranks tied for 21st on the Mooseheads' all-time career scoring list with 124 points over three seasons. **METRO**



Logan MacMillan HANDOUT

Gymnastics

Black competes at Olympic camp on Tuesday night

Halifax's Ellie Black will continue her bid for a spot at the Summer Olympics on Tuesday starting at 7:30 p.m. at Gymnastic Canada's final selection camp in Gatineau, Que.

The 16-year-old will compete in the first of two sessions that will determine the country's five-athlete women's team for London. The second session begins on Thursday at noon.

Black, who won two gold medals at a World Cup event in Croatia in April, is ranked fourth among 11 gymnasts at the camp. If she can hold down or improve that ranking, she'll clinch a spot at the Games. **METRO**



Heat wave: Championship celebration hits streets

Dwyane Wade of the Heat rides in a victory parade through the streets during a celebration for the 2012 NBA champions on Monday in Miami. The Heat beat the Oklahoma City Thunder to win the NBA title. JOE RAEDLE/GETTY IMAGES

Former Wimbledon champ Venus Williams ousted

Tennis. Williams was diagnosed with an autoimmune disease last year

Racket bag slung over her shoulder, resignation written across her face, Venus Williams weaved through fans milling about on the sidewalks that players must traverse to get from Court 2 to the Wimbledon locker-rooms.

The 32-year-old Williams had just absorbed a lopsided first-round loss at the Grand Slam tournament she once ruled, a poor performance that raised questions about how much longer she will keep playing tennis while dealing with an energy-sapping illness.

She trudged by as her hitting partner, David Witt, was saying: "It's tough to watch sometimes. I think everybody sees it. I don't know what else to say."

Looking lethargic, and

Isner out

- John Isner, best known for winning the longest match in tennis history, went five sets at Wimbledon again — and lost this time, to 73rd-ranked Alejandro Falla.

rarely showing off the power-based game that carried her to five Wimbledon titles and seven majors overall, Williams departed meekly Monday with a 6-1, 6-3 defeat against 79th-ranked Elena Vesnina of Russia. Only once before — as a teenager making her Wimbledon debut in 1997 — had Williams exited so early at the All England Club.

Still, Williams said she'll be at the London Olympics next month and is "planning" to be back at Wimbledon next year.

"I feel like I'm a great player," Williams said.

THE ASSOCIATED PRESS



Venus Williams leaves the court after her match against Elena Vesnina Monday at the All England Lawn Tennis and Croquet Club in London. CLIVE ROSE/GETTY IMAGES

Joe Sakic could be among latest hall of fame inductees

Joe Sakic, Brendan Shanahan, Mats Sundin and Jeremy Roenick lead the list of first-year eligible players hoping to get the call from the Hockey Hall of Fame.

The Hall will announce its newest inductees on Tuesday. The 2012 class will enter the Hall on Nov. 22.

"Every year now it's getting real difficult," Hall of Famer Scotty Bowman, a member of the Hall's 18-member selection committee, said of choosing the inductees.

Sakic would seem a slam dunk, however.

He won two Stanley Cups and finished his career with 625 goals and 1,016 assists in 1,378 NHL games.

Sakic started his NHL career in 1988 with the Quebec Nordiques, moving with the



Joe Sakic GETTY IMAGES

team to Colorado in 1995.

Sakic's trophy case includes the Canadian Major Junior Player of the Year Award (1988), Conn Smythe Trophy (1996), Lady Byng Memorial Trophy (2001), Lester B. Pearson Award (2001) and

Hart Memorial Trophy (2001).

Sakic, who played in a dozen NHL all-star games, won the world junior championships, world championships, World Cup and Olympics in addition to the Stanley Cup.

Other first-year eligible players include goaltenders Curtis "Cujo" Joseph and Olaf Kolzig as well as forwards Bobby Holik, Michael Peca and Gary Roberts and defenceman Darius Kasparaitis. Uber-agitator Claude Lemieux, winner of the 1995 Conn Smythe Trophy, is also eligible this year.

The Hall can only welcome four players each year.

Last year saw Ed Belfour, Doug Gilmour, Mark Howe and Joe Nieuwendyk inducted. Only Belfour got in on the first ballot.

THE CANADIAN PRESS

Women's basketball

Canadians step closer to London

The Canadian women's basketball team thumped Mali 89-23 on Monday in the opening game for both teams at a FIBA Olympic qualifying tournament in Ankara, Turkey. THE CANADIAN PRESS

Marijuana

Gymnast banned after drug test

A gymnast from Oakville, Ont., has been suspended six months after the world governing body of gymnastics says Cory Marsh, 18, failed a drug test in Orlando in April. THE CANADIAN PRESS

MLB

Another Blue Jay gets his wing clipped

Toronto Blue Jays starting pitcher Henderson Alvarez left Monday night's game against the Boston Red Sox in the sixth inning for what the team said was a "precaution with right-elbow soreness." THE CANADIAN PRESS

ULTIMATE CHAMPIONSHIP WRESTLING

★ ★ ★ PROUDLY PRESENTS ★ ★ ★

SUMMER EXPLOSION

Hurricane Helms

Bret "Hitman" Hart

Chavo Guerrero

JP SIMMS

TITUS

MENANCE

PHOENIX

XXL

The Genius

Leo Burke

"Wildman" Gary Williams

Card Subject to Change

U-C-W-CA

HALIFAX GET READY

SATURDAY, JUNE 30
HALIFAX FORUM CIVIC CENTER
DOORS OPEN 6:00PM
BELL RINGS 7:30PM

ATLANTIC CANADA'S BEST PRO WRESTLING
Advanced Tickets:
\$27 Ring Side
\$22 Rush Seats

At Door:
\$30 Ring Side
\$25 Rush Seats

Available at Halifax Forum Box Office or Ticket Pro Atlantic

HELP WANTED

General Help

CAFETERIA HELPERS

FT & PT. Business & government settings
Dartmouth/Burnside locations
Great hours. No nights or weekends
PHONE: 902-483-1336, M-F 9-4 pm
EMAIL: rchad2002@yahoo.com
FAX: 902-835-1335



DARTMOUTH DRIVER REQUIRED
Monday-Friday Mornings
3:30 am - 7:00 am

Metro News requires a delivery driver for Dartmouth. Applicants must have a large, reliable vehicle and be able to do heavy lifting. You must have a valid driver's license and insurance. Deliveries are within the business district and must be completed rain or shine. To apply please forward your resume, the date you are available to start work and the year/make of your vehicle to:

Email: april.doucette@metronews.ca
Fax: 422-5610

Resumes may also be dropped off at the Metro News - 3260 Barrington St, Suite 102, Halifax NS B3K 0B5 Attn: April Doucette

* Only people selected for an interview will be contacted.

Working Cook/Manager

Small Health Care Facility. HRM
1 yr term, possibly more. Great hours.
No night or weekends
PHONE: 902-483-1336, M-F 9-4 pm
EMAIL: rchad2002@yahoo.com
FAX: 902-835-1335

Education

Over 40? Coughing Your Life Away?
PROVEN - Smokers QUIT with Soft Laser
Keep over \$300 /mth in YOUR WALLET!
20 Yrs Exp Call 452-3138

Volunteers Wanted

Research: women who lost custody of children due to careers/relocation
contact kdquestion@gmail.com

Management



Experienced Property Manager
needed to oversee the day to day operations of Halifax apartment buildings. Please apply stating the position of interest in the subject line to: **jobs@metcap.com**

SERVICES

Counselors



Separation & Uncontested Divorce

Inexpensive Service
Ph: 902-431-8881 1-877-544-8881
info@resiliencemediation.com
www.resiliencemediation.com

HEALTH & BEAUTY

Health Practitioners

Ashley Roberts is now accepting new patients, call 492-8839 for a consultation! LC Acupuncture is one of the leading clinics in the maritimes. Acupuncture encourages natural healing, improves energy, function of the body and reduces or relieves pain. Relief is often obtained with acupuncture when traditional medical therapy has failed.

HOUSEHOLD SERVICES

General Services



Carpet your living room, hall, bedroom, and/or basement (25 yds) for as little as \$389 - with under pad/installation included. For a FREE in home measure/estimate call Phil at **902-444-4766**
Shop at Home and Save

Landscapers/Gardening

Green Roots Landscaping
For all your landscaping needs!
Free Estimates
Contact us at 220-6480 / Scott@rdhfx.com

Landscapers/Gardening

TYD Landscaping & Property Maintenance
FREE Estimates 15% Senior Discounts
www.tydlandscaping.net
Contact 229-9936

Movers

MoveRite
17 ft Truck & 2 Men
\$75.00 per hour
No Minimum
No Gas Surcharge
Local & Long Distance
FLAT RATES AVAILABLE
440-6817
moverite11@gmail.com

Trades

ADANAC CONSTRUCTION
Free Estimates! Carpentry, Siding, Windows, Doors, Decks and Floors. We build Sheds, Garages etc...
FULLY INSURED
Call Stephen at 469-0536

FINISH CARPENTER

SPECIALIZING in bathrooms, exterior windows & doors and all renovations
30 YEARS EXPERIENCE
10% discount for seniors
Lyndel Munro **902-252-5238**
<http://users.eastlink.ca/~lyndelmunro/>

Lafitte's Roofing
For Top Quality Roofs ANYONE Can Afford
•Repair •10-Year Warranty •Soffit
•Re-Shingle •Fascia •& More
•Re-Sheet
We Beat ANY Quote
(902)209-1701 or (902)821-2390

NOISY BATHROOM FAN?
thefanwhisperer.com
NEW FAN WITH INSTALL \$99.00
902-830-9493

Massage/Therapists

John Panter, Certified Rolfer™
 Are you tired of chronic pain...?
902 425 2612 • fareast@auracom.com

Junk Removal

TIME TO TOSS IT

Debris removal, estate clean ups, small demos, unit clear outs, basements, yards & construction. **902-449-0232**

You'll

this.

DOWNLOAD THE NEW METRO APP
for your
Blackberry, iPhone and iPad.



ANNOUNCEMENTS

Community Events

NOW OPEN!
PARKVILLE CAMPGROUND
4834 Highway 215, Noel **(902)256-2290**
902-864-1134 or 902-497-1927
COME JOIN US FOR A BBQ ON JULY 1, from 4pm-7pm
parkvillecampground@hotmail.ca

like us

LOOKING TO MAKE A CAREER CHANGE?

Read metronews every Monday & Wednesday.

metronews.ca

SELL YOUR STUFF FOR FREE!

Call 1-800-527-6767 to place your free ad!
Limit 2 per week • Size 1.535" X .542"

Brought to you by:

MEGA FLEA MARKET LOWER SACKVILLE

NOW AVAILABLE! OUTDOOR SPACES! BOOK TODAY! 32 Glendale Ave, Lower Sackville, NS

\$1 Admission!
Sundays 9-2 pm
495-0206

1 Large Wire Pet Cage
17" high, 24" long 24" wide
\$50 Used 1 Time
(902)444-1394

1 PERSON BLOW UP KAYAK
brand new, life jacket, pump, and paddle included
\$100 cash FIRM
902-444-1394

Attention Young mechanics who want to start their own business! Wrenches, sockets and etc. Will sell for a great price.
Call Doug at (902)488-9288

Baby Stroller
Like new, netting available
\$65
(902)864-4315

De-humidifier
Full size
\$70.00
(902)864-4315

Double stroller - 2 infant or 1 infant, 1 toddler.
\$200 OBO. Was \$398.
Will include weather cover for free!
Call (902)405-1192

Flea Market Items for Sale - Selling as lot.
Incs. books, desk, skates, quad cane, red rose tea animals, many ornaments, vhs tapes, etc.
\$75 Call (902)404-5997

Gas furnace never used 110 BTU \$800
Truck cap \$1000
(902)462-4681

Humidex used one season, almost like new. Includes instruction booklet, outside vent & flexible plastic ducting.
\$200 902-209-5262

Iron Body Bench Press with dumbbells
Plastic weights, approx. 200lbs.
\$60
Call 902-719-9622 / 902-479-0162

JOGGING BUGGY
GOOD CONDITION
\$30.00
(902)443-5374

Kenmore side by side fridge with icemaker.
24 cubic feet. 33.5" x 69.5" H x 31.5 deep.
\$75 OBO
Call (902)860-2539

Kenmore Stove & Fan! White In Good Condition \$50 for both
• I-Phone 4S New in Box Best Offer 902-489-0009

Ladies Maxi Leather Coat
Brown in color. Medium.
Excellent condition
\$50.00 obo 902-462-2851

Lift Chair
Excellent Condition
Paid over \$1000 asking \$350
Call 902-864-1134

Limited spaces avail. Get yours today!
Call: 1-800-527-6767
Size 1.535" X .542", Limit 1/day, 2/wk

Looking to Buy
Furniture & Antiques
Call (902)292-8228

LOST: 1 set of car keys with red Brenton Toyota tag. Lost at Clayton Park Library.
Reward offered.
If found, please call 902-404-2102

Motormaster air compressor. Like New. \$75
Round 40" wood dining table - \$75 obo
Wood bistro kitchen set - \$175
(613)851-9730

New 5 Ton Lennox Roof Top A/C C/W with roof curb. 2008/3/PH \$1000
Call (902)462-4681

Propane Pool Heater for an above ground pool. Brand new never used
Paid \$1500 plus tax asking \$1000
902-864-1134 or 902-497-1927

Small table with drop leaf on one side. Two drawers on other side. Two bar stools.
\$50
Call (902)469-2254

Wanted
Flea Market Items
(902)292-8228

Wanted Set of Royal Albert China
Pattern **Poinsettia**
Please call 902-688-2113

CLASSIFIEDS CUSTOMER SERVICE: 1-800-527-6767 - MONDAY TO FRIDAY 8:30 AM TO 6:00 PM (ATL) Metro requests that advertisers check their advertisement upon publication and advise Metro immediately if there are any copy errors in the advertisement as published. Metro will not be responsible for any error other than an incorrect insertion due to any act or omission of Metro. In any event, Metro will only be responsible for one incorrect insertion of any particular ad regardless of the number of times such ad is run incorrectly. Metro's liability for any such error is limited to the amount actually paid by the customer for a single publication of the advertisement in the space the ad is run. In no event shall Metro be liable for any non-insertion of any advertisement for any reason whatsoever. All copy is subject to the approval of the management of Metro. Metro reserves the right to classify all advertisements.

Across

- 1 Pump up the volume
- 4 Bloke
- 8 Hit hard
- 12 Spell-down
- 13 Tortoise's rival
- 14 Addict
- 15 Type units
- 16 Those who refuse to face problems
- 18 Bottom line
- 20 Squid squirt
- 21 Mother of Castor and Pollux
- 24 Informative
- 28 "The Blue Angel" star
- 32 Burrito's cousin
- 33 Request
- 34 Neighborhoods
- 36 Droop
- 37 Evidenced a pinprick
- 39 Parasitic worm
- 41 Auto style
- 43 Highland hillside
- 44 Vast expanse
- 46 Investigate
- 50 French cardinal
- 55 Crony
- 56 Rue the run
- 57 Young horse
- 58 Donkey
- 59 Nobility member
- 60 Atmosphere

Down

- 1 Help a hood
- 2 Note from the boss
- 3 Nuisance
- 4 Epidemic illness
- 5 Owns
- 6 Illustrations
- 7 Graceful woman
- 8 Pail
- 9 Blond shade
- 10 Witness
- 11 Day fractions (Abbr.)
- 17 Hostel
- 19 Elev.
- 22 Gossip
- 23 Tart in tone
- 25 "Now then, where —?"
- 26 Read bar codes
- 27 Guru's exercises
- 28 Light applications
- 29 Gilligan's home
- 30 Supplemented, with "out"
- 31 Barber's concern
- 35 Shoulder blade
- 38 One of Santa's team
- 40 That girl
- 42 Born
- 45 — Romeo
- 47 October birthstone



- 48 Foundation
- 49 Otherwise
- 50 Knock
- 51 Lemieux milieu

- 52 Ernesto Guevara
- 53 Debtor's letters
- 54 Good hearing



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku

7	5	1	4	3	9	8	2	6
6	3	2	8	1	5	9	7	4
9	4	8	2	6	7	5	3	1
8	1	9	7	2	6	3	4	5
2	6	3	5	4	1	7	9	8
4	7	5	9	8	3	1	6	2
5	8	4	3	7	2	6	1	9
3	9	8	1	5	4	2	8	7
1	2	7	6	9	8	4	5	3

Yesterday's Crossword



Cryptoquip

How to play

This is a substitution cipher where one letter stands for another. Eg: If X equals O, it will equal O throughout the puzzle.

ECHHUEGLT RUC EWVMH
EUPNAUOR CLWGX SN EWMVWE
EGLTGLT, RUC FGTSW EMR
RUC ANXWNO UCW M WCLN.
Yesterday's Cryptoquip: WHEN A MAN'S
NEATLY GROOMED HAIR GETS ALL MUSSED UP,
YOU MIGHT SAY HE'S NOW DE-PARTED.
Today's Cryptoquip Clue: R equals Y



For today's crossword answers and for expanded horoscopes, go to metronews.ca

Today

17°/12°
 Thunderstorms
 100%

Wednesday

19°/13°
 Variable

Your #1 weather forecast now available in HD.
 Check your local listings for details.

 ©The Weather Network 2012

Horoscope

♈ Aries | March 21 - April 20.

Your thoughts will become more positive now that mind planet Mercury is moving in your favour again.

♉ Taurus | April 21 - May 21.

Something you value will have to be given up but if you are wise you will realize it has to happen so there is room for something even better to come in and replace it.

♊ Gemini | May 22 - June 20.

You need to speak up about something you think isn't fair.

♋ Cancer | June 21 - July 22.

Stop trying to hurry things along because what is meant to happen will happen in its own good time. That applies to all areas of your life but especially to money issues where, quite soon, you are in for some good news.

♌ Leo | July 23 - Aug. 22.

Your outlook will change quite a bit over the next few days.

♍ Virgo | Aug. 23 - Sept. 22.

Don't draw attention to yourself today.

♎ Libra | Sept. 23 - Oct. 22.

Let friends and colleagues know how you feel today, even if you are the kind of Libra who hates to show emotion.

♏ Scorpio | Oct. 23 - Nov. 21.

You will have to make some tough decisions over the next few days, decisions that will impact your career in major ways.

♐ Sagittarius | Nov. 22 - Dec. 21.

It's OK to bend the rules a bit today. No harm will come of it so long as you do it sensibly and don't take too many liberties.

♑ Capricorn | Dec. 22 - Jan 20.

Something you once thought was so important now seems trivial, and it's to your credit that you are not afraid to change your mind.

♒ Aquarius | Jan. 21 - Feb 18.

A relationship problem that has been worrying you for weeks will resolve itself over the next two or three days. Whether the resolution seems "good" or "bad" depends on your outlook.

♓ Pisces | Feb. 19 - March 20.

What you need to remember today is that every challenge you face is also an opportunity. Put another way: the more you are challenged the more you will grow and the more you will learn and profit over time.

SALLY BROMPTON



Caption Contest

"Splash pad, Niagara Falls-style."
Inga

VADIM GHIRDA/THE ASSOCIATED PRESS

Win!



You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

Search over 50,000 used cars,
fast and free.



autocatch.com

FLIGHT CENTRE *Unbeatable*

Paris Air + Rail

\$829
from

+ taxes & fees \$502
INCLUDES a France-Italy rail pass.

1 866 967 5402 | flightcentre.ca

Conditions apply. Ex. Halifax. Package prices are per person, based on double occupancy for total length of stay unless otherwise stated. Prices are for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Taxes & fees include HST and are approximate and subject to change.



AMHERST

AML Communications
Amherst Centre Mall
142 South Albion St.
(902) 669-3388

ANTIGONISH

Motion Communications
19 A James St. Plaza
(902) 863-5888

BEDFORD

AML Communications
Sunnyside Mall
1595 Bedford Hwy.
(902) 463-3388

BRIDGEWATER

World of Wireless
533 King St.
(902) 543-6363

DARTMOUTH

AML Communications
121 Ilsley Ave.
(902) 468-3388

AML Communications
Mic Mac Mall
21 Mic Mac Blvd.
(902) 466-3388

GREENWOOD

AML Communications
Greenwood Mall
936 Central Ave.
(902) 760-3399

HALIFAX

AML Communications
201 Chain Lake Dr.
(902) 455-3388

AML Communications
5693 Spring Garden Rd.
(902) 492-3388

SACKVILLE

AML Communications
405 Sackville Dr.
(902) 865-3388

NEW GLASGOW

Motion Communications
60 Archimedes St.
(902) 752-5888

NEW MINAS

AML Communications
County Fair Mall
9256 Commercial St.
(902) 681-3388

PORT HAWKESBURY

Motion Communications
634 Reeves St.
(902) 625-5777

SYDNEY

Soundafex
484 Grand Lake Rd.
(902) 564-9400

TRURO

AML Communications
Truro Mall
245 Robie St.
(902) 893-2288

YARMOUTH

AML Communications
Yarmouth Mall
76 Starrs Rd.
(902) 742-3388



HALIFAX

Halifax Shopping Centre
7001 Mumford Rd.
(902) 455-1778

Get yours
before June 30

iPhone 4 now \$0 Why wait any longer?



iPhone

\$0¹ with 3-yr. **FLEXtab** agreement
on select plans
\$549⁹⁹ month-to-month price

Visit your local Rogers store today and find out how you
can get it on your terms with Rogers new **FLEXtab**.™

CONNECT EXCITING TALK SHARE RELIABLE ACCESS LIFESTYLE NETWORK CHAT
TALK FRIENDS SURF FLEXtab NETWORK LIFE TEXT FIRST FAST
CHAT ACCESS SURF FLEXtab NETWORK LIFE TEXT FIRST FAST
FREEDOM EXCITING

Creating World-Leading
Internet Experiences.



Offer available for a limited time while quantities last and subject to change without notice. 1 With new activation on any 3-yr. voice and data plan having min. \$47.75 monthly service fee. Device Savings Recovery Fee and/or Service Deactivation Fee (as applicable) apply in accordance with your service agreement. FLEXtab balance corresponds to the sum of the Device Savings Recovery Fee and Additional Device Savings Recovery Fee. TM and © 2012 Apple Inc. All rights reserved. ® Rogers & Mobius Design and FLEXtab are trademarks of or used under license from Rogers Communications Inc. or an affiliate. Other brand names & logos are trademarks of their respective owners. © 2012 Rogers Communications.